

Probing Dark Matter with Pulsar Timing Arrays

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Work with Kathryn Zurek, Andrea Mitridate, Tanner Trickle, Steve Taylor and Moira Gresham

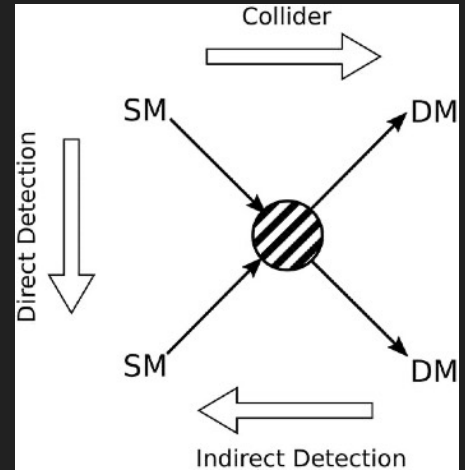
N3AS Summer School, July 2023, UC Santa Cruz

The Caltech logo is displayed in a large, bold, orange font. It consists of the word "Caltech" in a sans-serif typeface, where the letters are closely spaced and the overall style is modern and clean.

Introduction

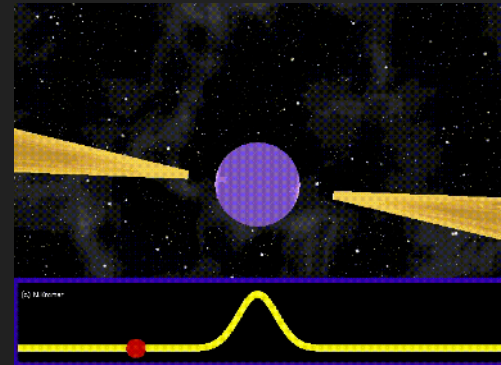
- **Nightmare scenario**: DM does not interact with SM via anything but gravity
- Direct detection of DM would be extremely difficult... (not impossible)
- Do we have a way to distinguish between DM models **using only gravity**?

⇒ Pulsar timing arrays (PTAs)



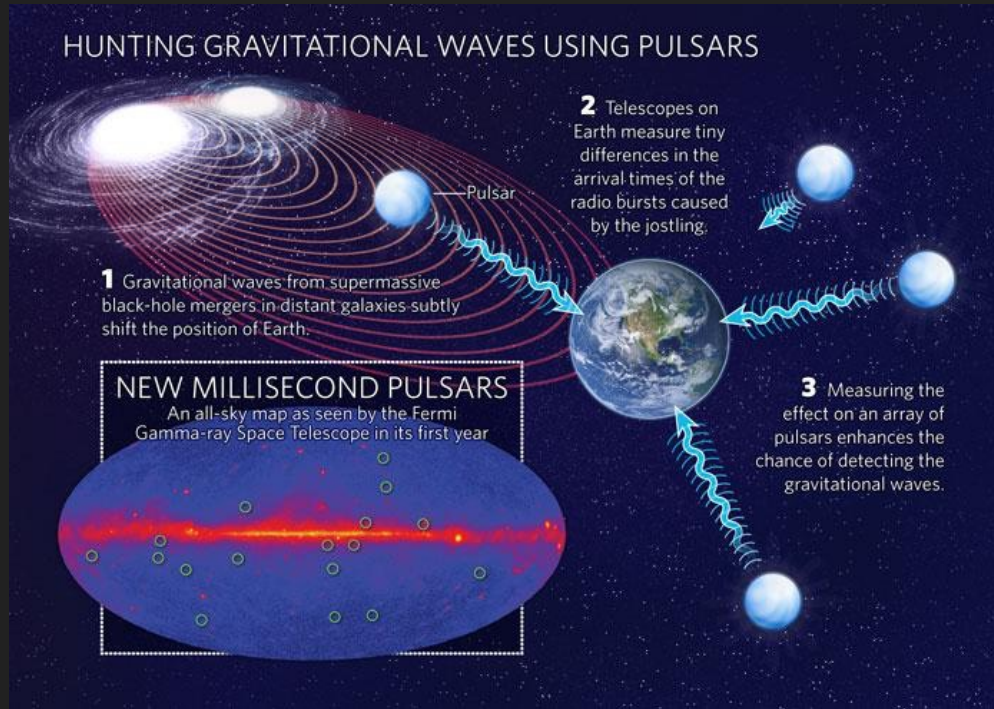
What are pulsars?

- Rapidly **rotating** neutron stars that emit electromagnetic radiation
- Very accurate clocks with well-understood **timing models**, stable rotational frequency across long periods of time (>20 years)
- Can be used to detect astrophysical phenomenon by studying **time-of-arrivals** (TOAs)
- We are mostly interested in **millisecond** pulsars



[Image: Michael Kramer]

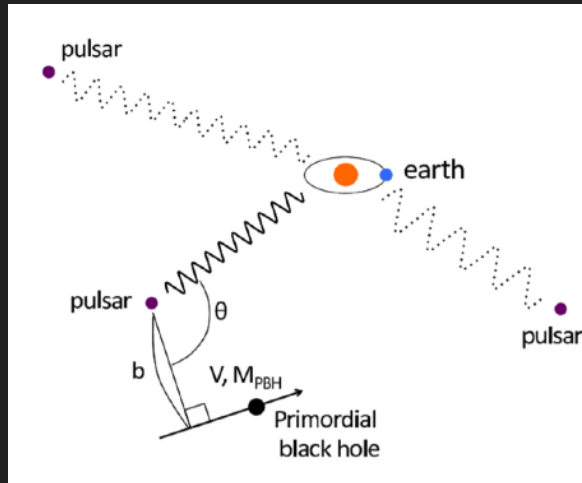
Pulsar Timing Array



[Image: NASA/DOE/FERMI/ LAT Collaboration]

Dark Matter Signals

- Dark matter (DM) subhalos induce a gravitational **acceleration** to the pulsar
- The pulsar frequency is shifted due to **Doppler** effect



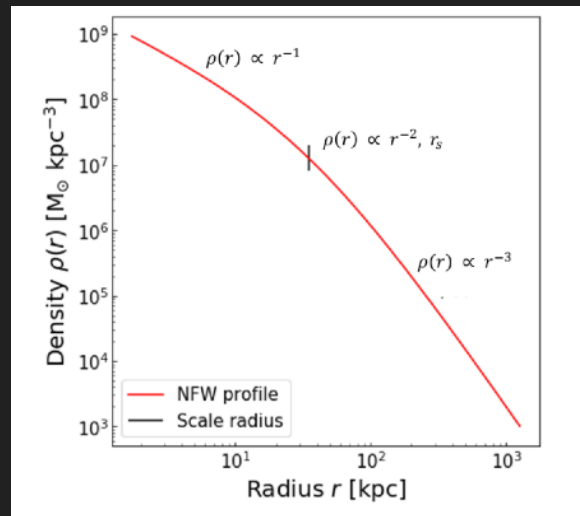
[Kashiyama and Seto (2012) 1208.4101]

Comparison of different models

Dark matter subhalo signals for specific **dark matter models** have two distinctive characters

- **(sub)-halo mass function**: statistical distribution of halo as a function its mass (e.g. for Λ CDM, the mass function is $dn/d\log M \sim M^{-2}$)
 - can be estimated using the **Press-Schechter formalism** [Press and Schechter (1974) ApJ 1874, 425]
- **density profile**: **Navarro-Frenk-White (NFW) profile** [Navarro, Frenk and White (1996) astro-ph/9508025]

NFW profile

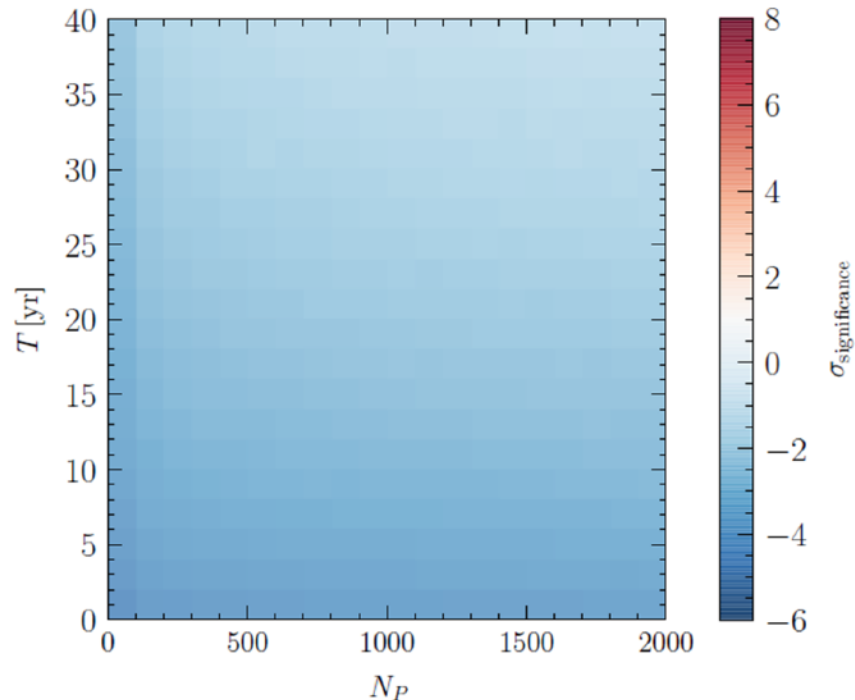
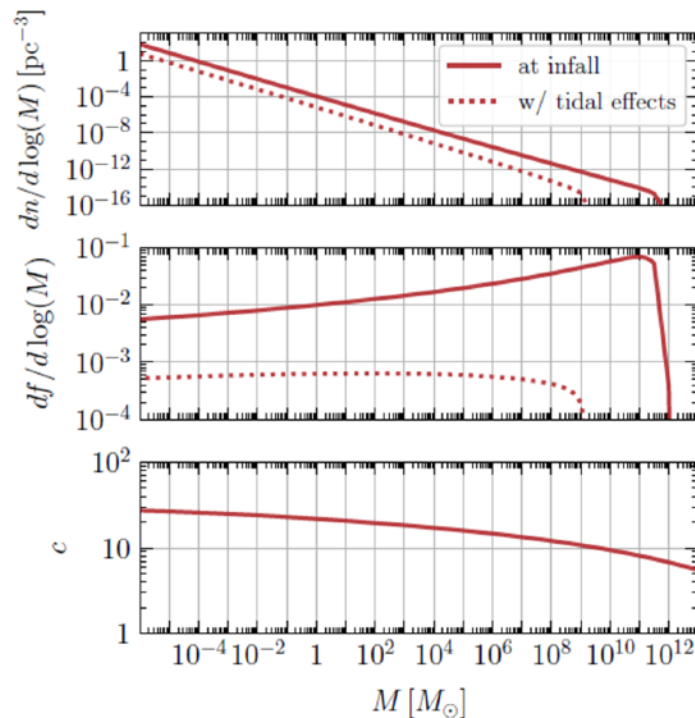


[Lund (2020)]

Λ CDM subhalos are **too weak** to be detected by PTAs

Λ CDM projection from Monte Carlo Simulations

Λ CDM

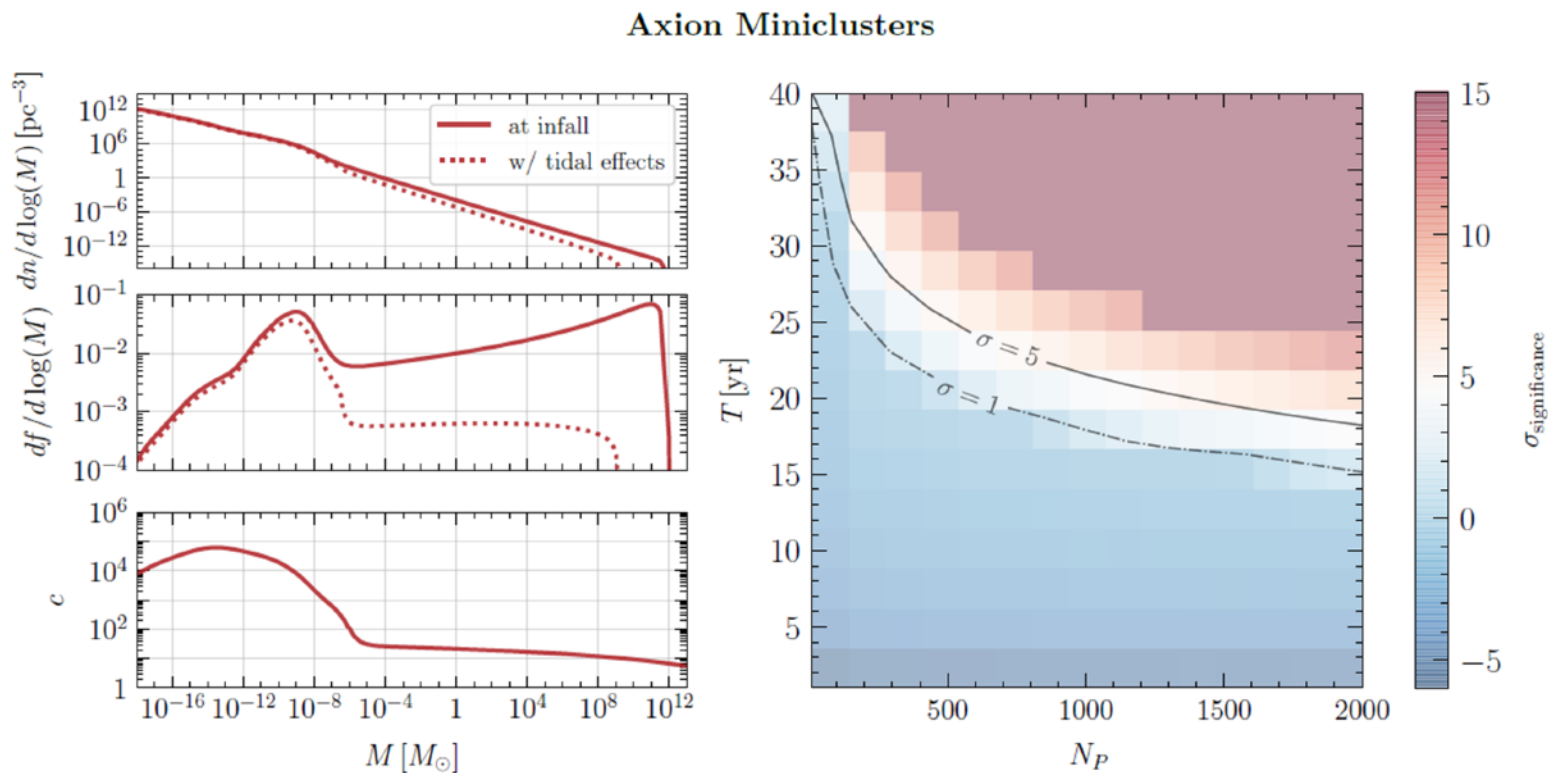


Enhanced Power Spectrum

- Some DM models exhibit **enhanced power spectrum** at small scale ($<pc$)
- e.g. post-inflationary **QCD Axion** [Hogan and Ress (1988), Phys. Lett. B 205, 228]
- Other models: **early matter domination (EMD)** [Erickcek and Sigurdson (2011), 1106.0536], **vector dark matter** [Graham, Mardon and Rajendran (2015), 1504.02102]

Axion Minicluster

Power spectrum from
[Vaquero, Redondo and Stadler (2019), 189.09241]

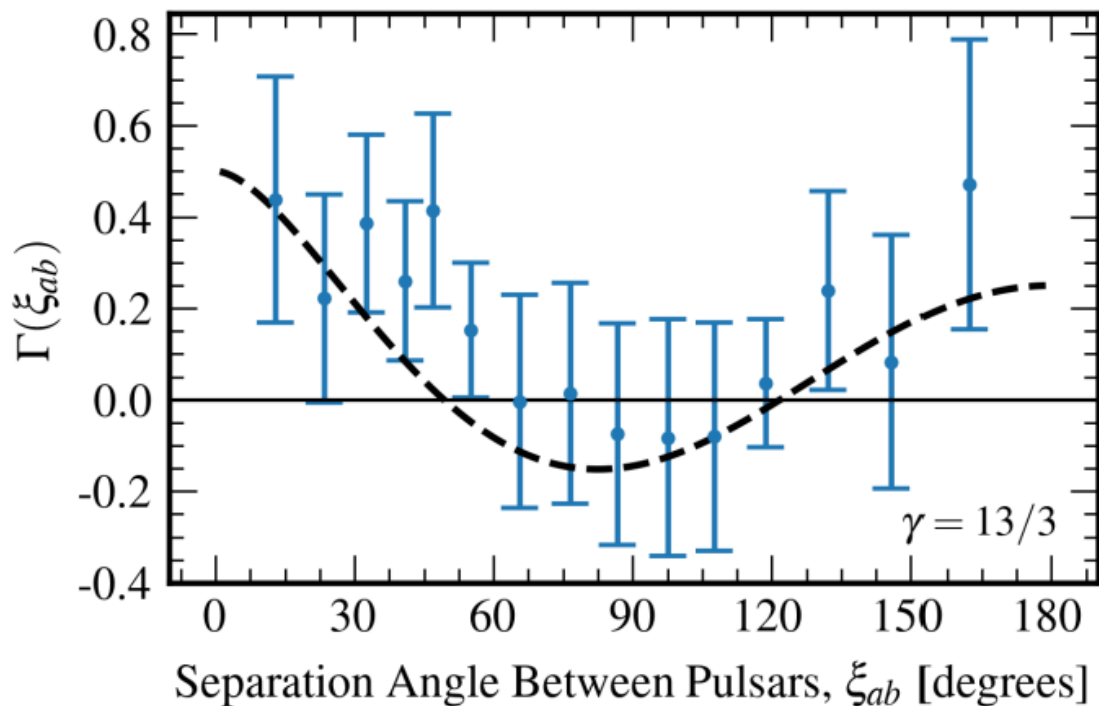


[VL, Mitridate, Trickle and Zurek (2020) 2012.09857]

Real PTA data

- Previous plots are projected SNR computed using our MC code
- The PTA community has their pipeline in searching for gravitational-wave signal with **real PTA data**
- We developed a **Bayesian framework** [VL, Taylor, Trickle and Zurek (2021) 2104.0577] to combine our MC code with **NANOGrav**'s analysis pipeline

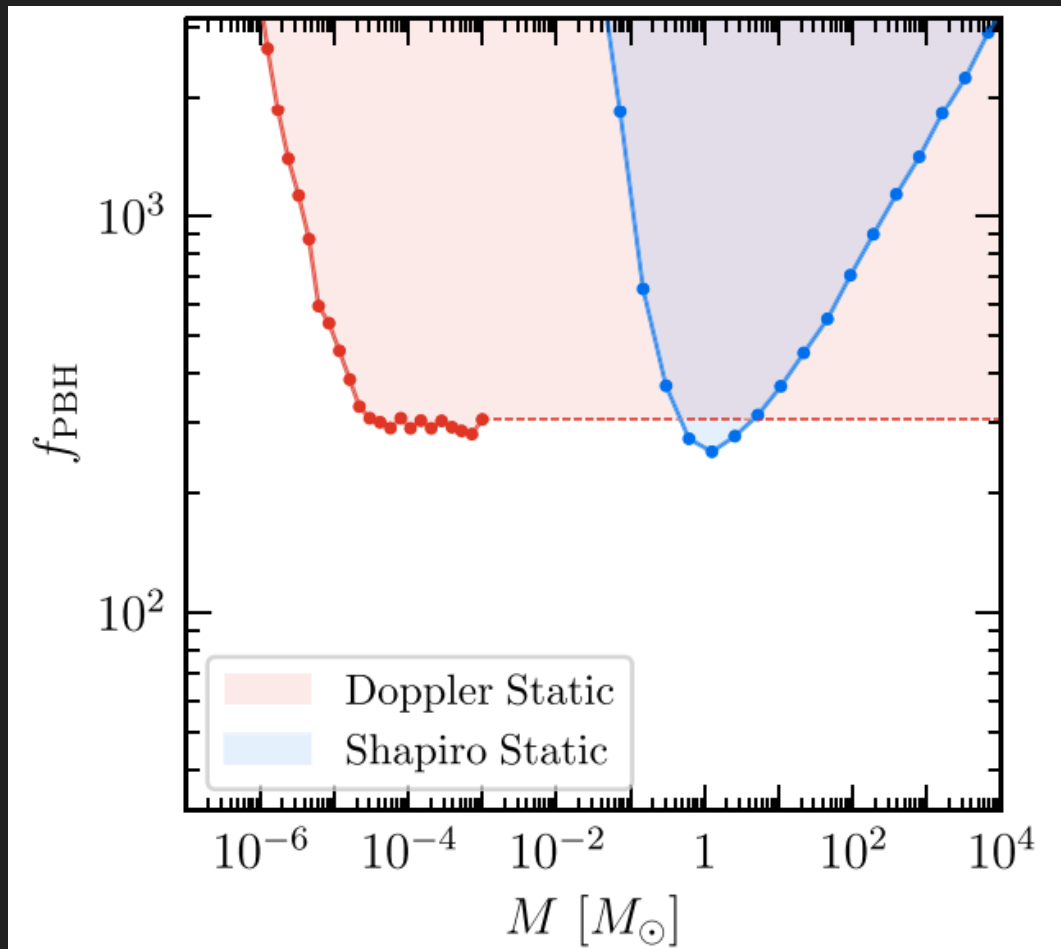
NANOGrav 15-yr Data



- NANOGrav recently found positive evidence (3.5-4 sigma) for the presence of a **low-frequency GW background** using the 15-yr dataset (67 pulsars) [NANOGrav (2023) 2306.16213 “GWB”]
- No evidence for **deterministic signals** -> upper limits are reported [NANOGrav (2023) 2306.16219 “New Physics”]

NANOGrav 15-yr Data

[NANOGrav (2023) 2306.16219 “New Physics”]



What other things can we learn about dark matter using **existing** PTA data?



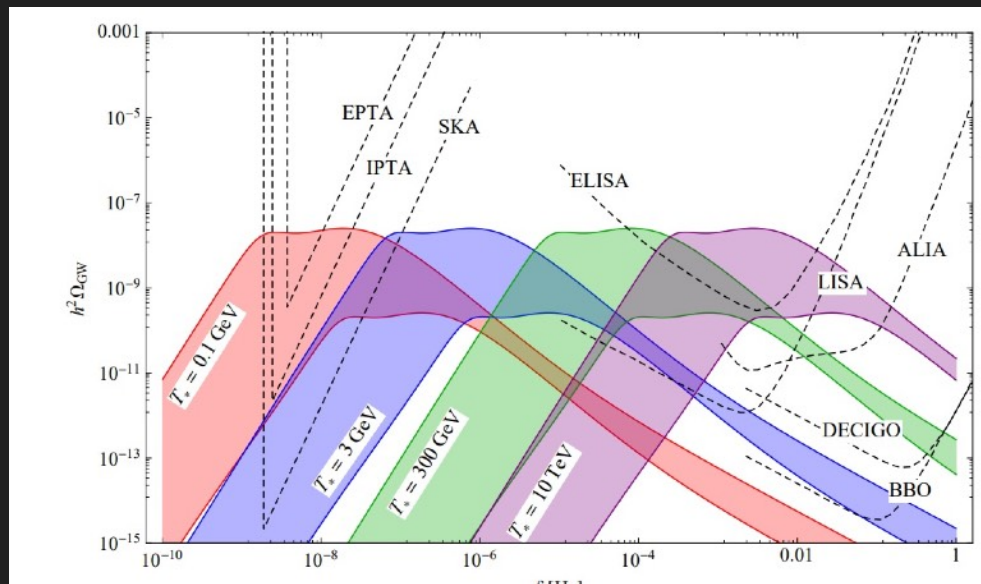
1. Cosmological Phase Transition

2. Long-range DM-baryon interaction (fifth force)

3. Ultralight Dark Matter (ULDM)

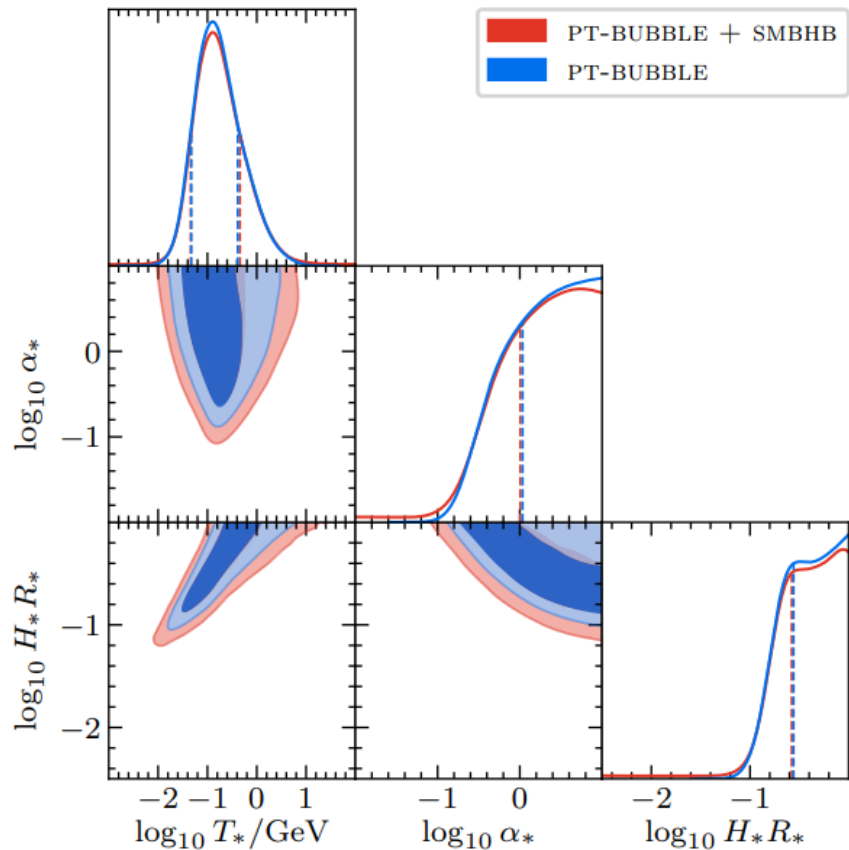
1. Cosmological Phase Transition

- A **first-order** phase transition in the early universe will produce a **stochastic gravitational wave background**
- NANOGrav's sensitivity corresponds to a phase transition temperature **just below the electroweak scale** (~ 100 GeV)
- However, a large class of **dark sector** models feature first-order phase transitions (e.g. SIMP [Hochberg et al. (2014) 1402.5143, Schwaller (2015) 1504.07263], SU(5) asymmetric dark matter [Murgui and Zurek (2021) 2112.08374])



[Schwaller (2015) 1504.07263]

If the observed GWB originates from phase transition...



Bayes factor against SMBHB
interpretation ~ 20

[NANOGrav (2023) 2306.16219 “New Physics”]

2. Long-range DM-Baryon Interaction

- Attractive **fifth-force** between DM subhalos and baryons can be much stronger than gravity
- e.g. asymmetric dark matter (ADM) nuggets [Gresham, Lou and Zurek (2018) 1805.04512]

- **Yukawa** force

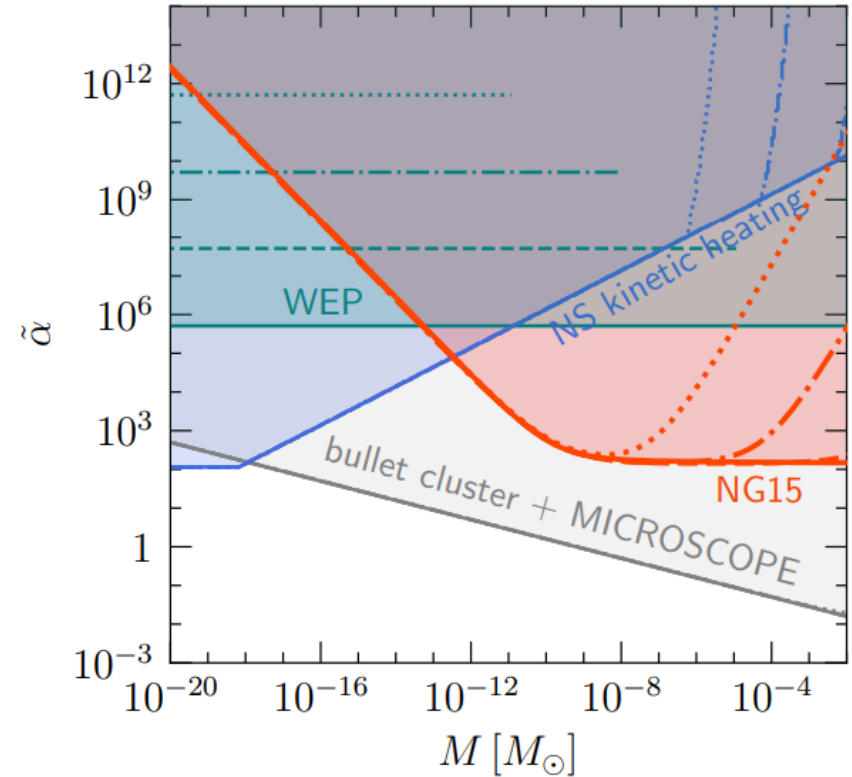
$$V_{\text{Yuk}}(r) = -\tilde{\alpha} \frac{GMm_X}{r} e^{-r/\lambda}$$

- Can arise from a very general effective Lagrangian:
- PTAs are sensitive to $\lambda > \sim 10^{-3}$ pc (mediator mass $m_\phi < \sim 10^{-21}$ eV) [Gresham, VL, and Zurek (2023) 2209.03963]

$$\mathcal{L} \supset g_X \phi \bar{X} X + g_n \phi \bar{n} n$$

Current Constraints

- $\lambda = 10^{-3} \sim 1$ pc
- Bullet cluster [Spergel and Steinhardt (2000) astro-ph/9909386] + MICROSCOPE [Bergé et al (2018) 1712.00483] is a **combined constraints** based on DM-DM and baryon-baryon constraints
- If only a **sub-component** (e.g. $\sim O(1\%)$) of DM is charged under fifth force, then the bullet cluster constraint **does not apply**, but the other constraints only deteriorate linearly with the subcomponent fraction



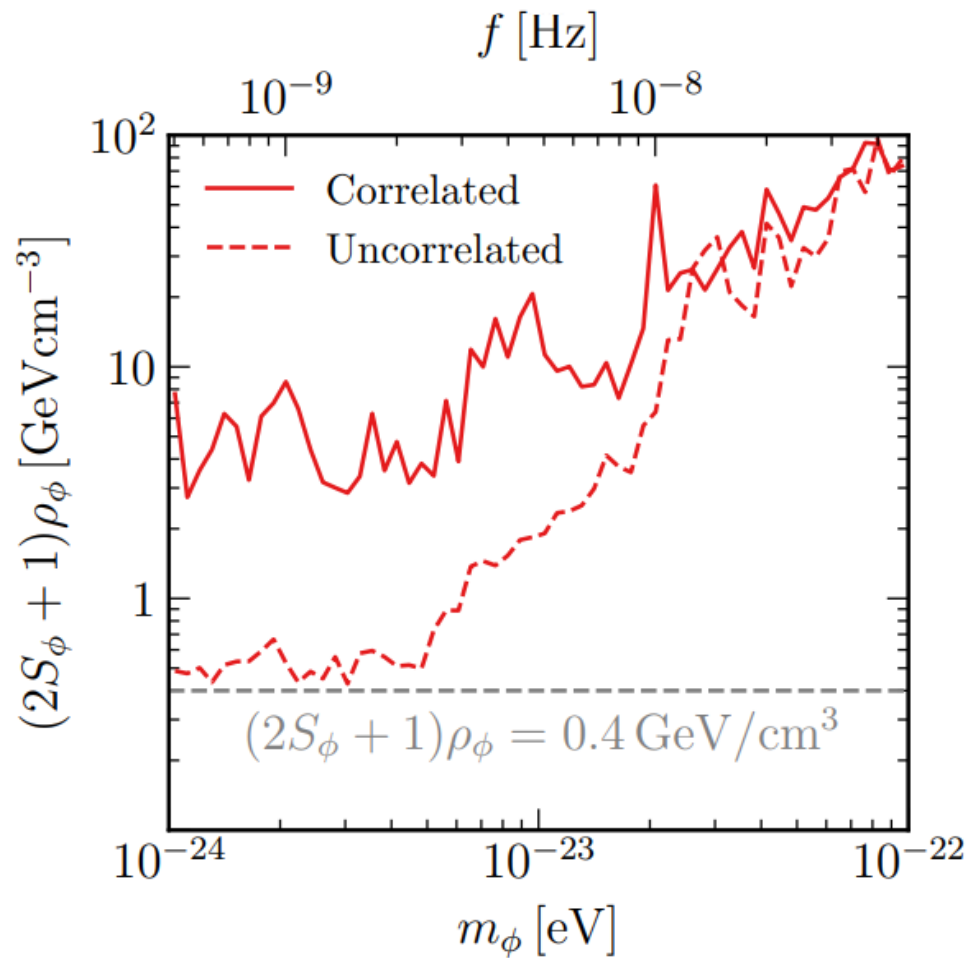
[NANOGrav (2023) 2306.16219 “New Physics”]

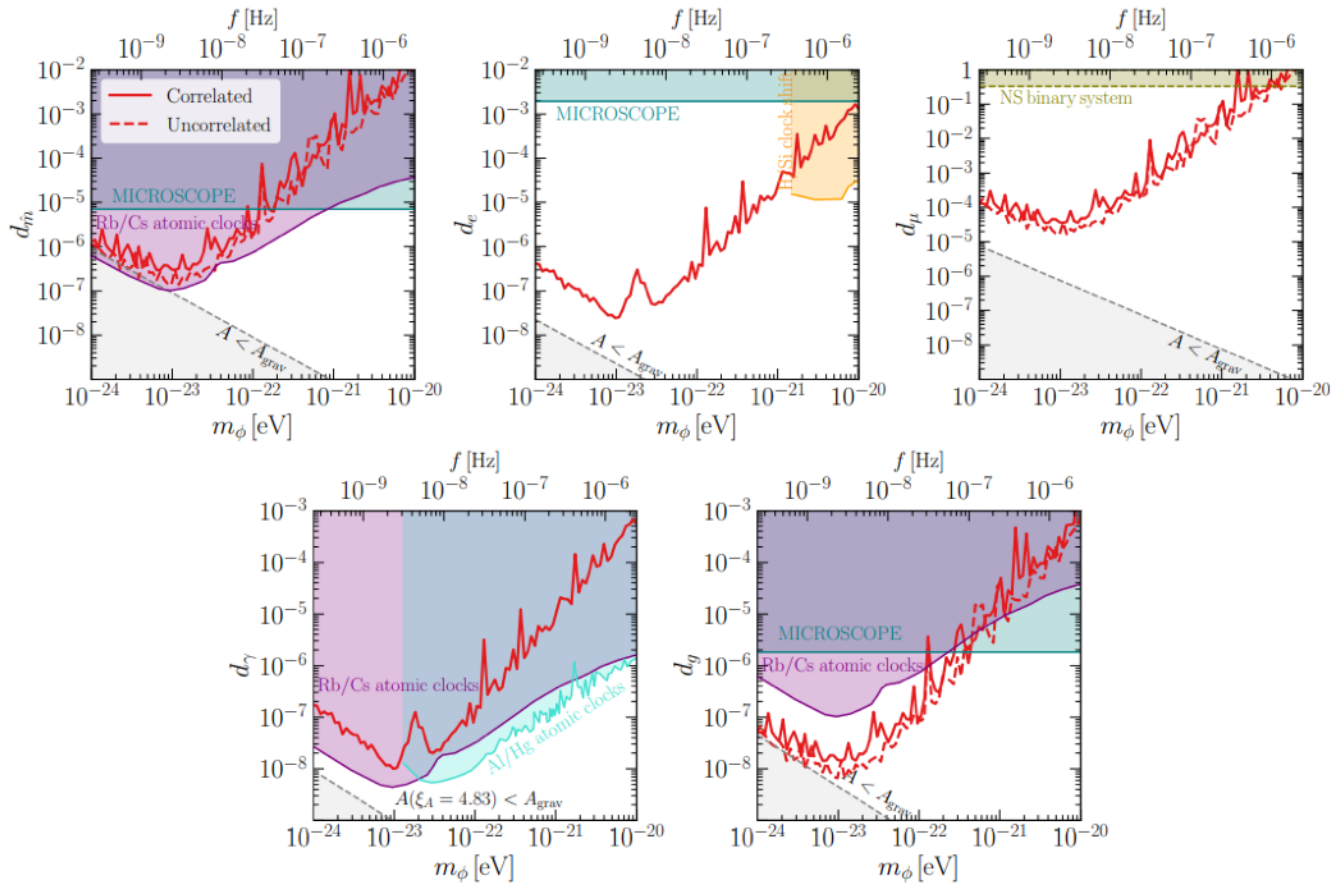
Ultralight Dark Matter (ULDM)

ULDM can give rise to **signals in PTA** via a few different mechanisms

- Metric fluctuation [Khmelnitsky and Rubakov (2013), 1309.5888]
- Doppler-U(1) force [Graham et al (2016), 1512.06165]
- Pulsar spin fluctuation [Kaplan, Mitridate and Trickle (2022), 2205.06817]
- Reference Clock shift [Graham et al (2016), 1512.06165]

Current Constraints





Conclusions

- Pulsar Timing Arrays are powerful tools in studying DM, both in the present and in the future

Future directions:

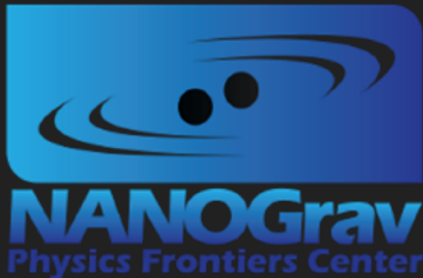
- Mitigate the effects of red noise
- Search for stochastic DM signals [Ramani, Trickle and Zurek (2020) 2005.03030] with real PTA data

Thank You!

Backup Slides

Pulsar Timing Arrays (PTAs)

- Accurate timing measurements on multiple pulsars
- Current experiments



Square Kilometer Array (SKA)

- Radio telescope based in Africa and Australia
- Projected to be able to observe ~200 pulsars
- Benchmark for experimental parameters



[Image: SKA Observatory]

Result: SKA Reach

- Assumes **monochromatic** mass
- SKA parameters (with white noise):

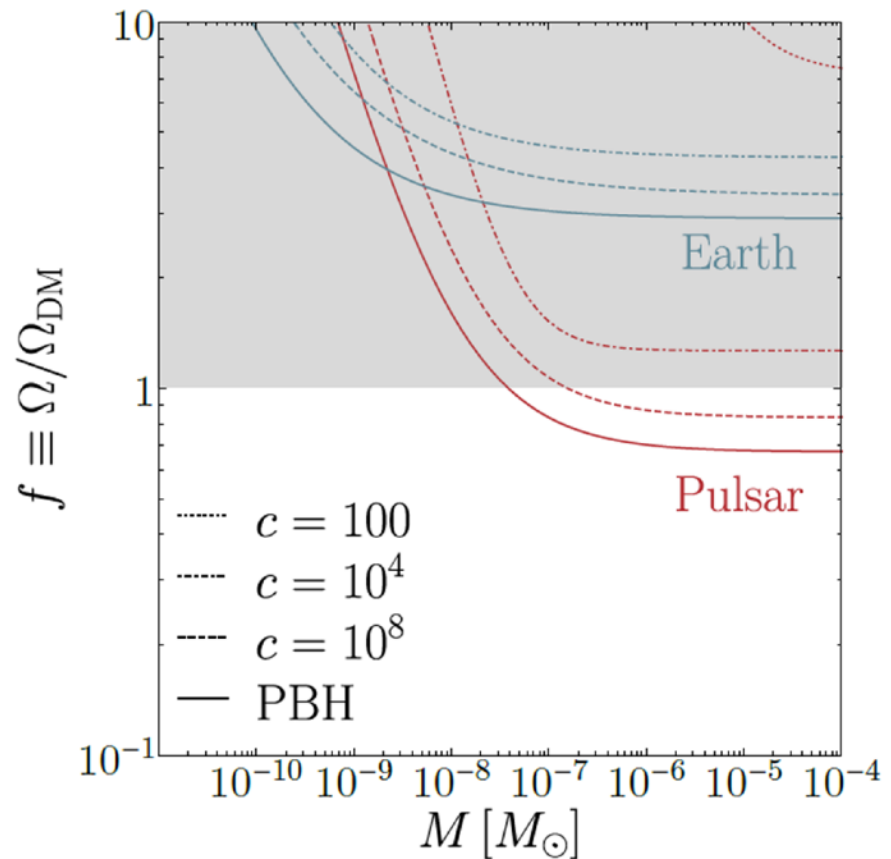
200 pulsars

20 years of observation

5 kpc of pulsar distance

2 weeks of cadence

50 ns of rms time measurements

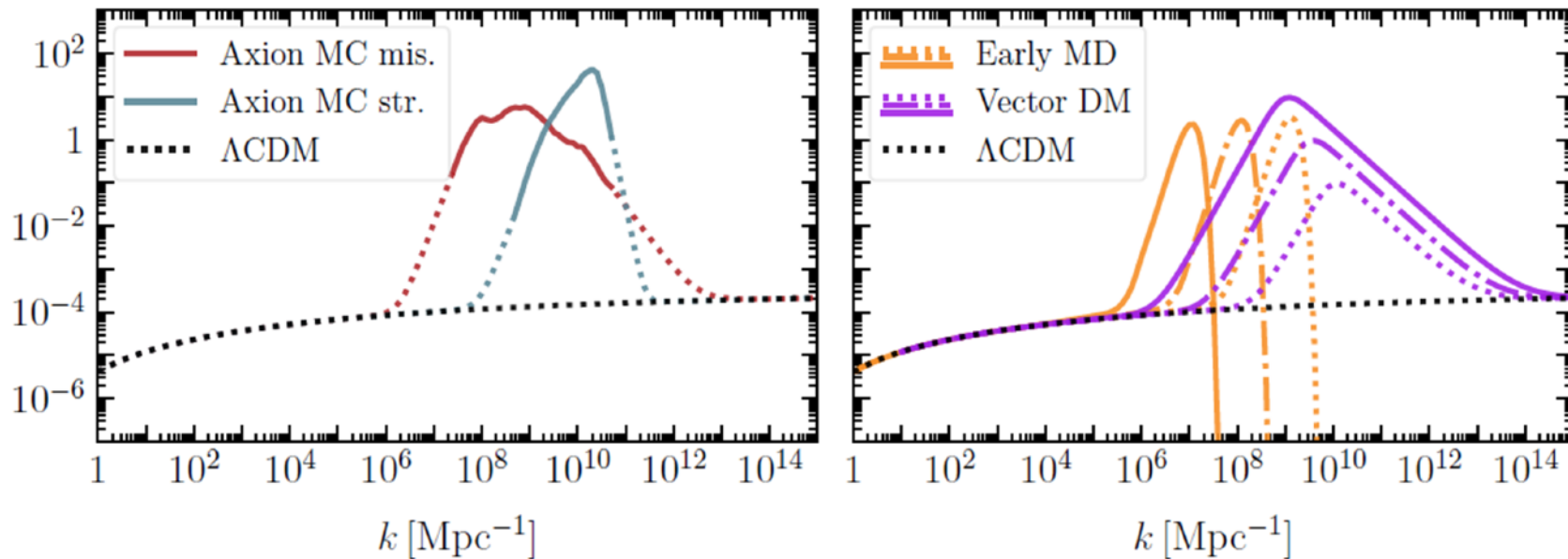


[VL, Mitridate, Trickle and Zurek (2020) 2012.09857]

Enhanced Power

same power for large scale, but enhanced at small scale ($k \geq 1/\text{pc}$)

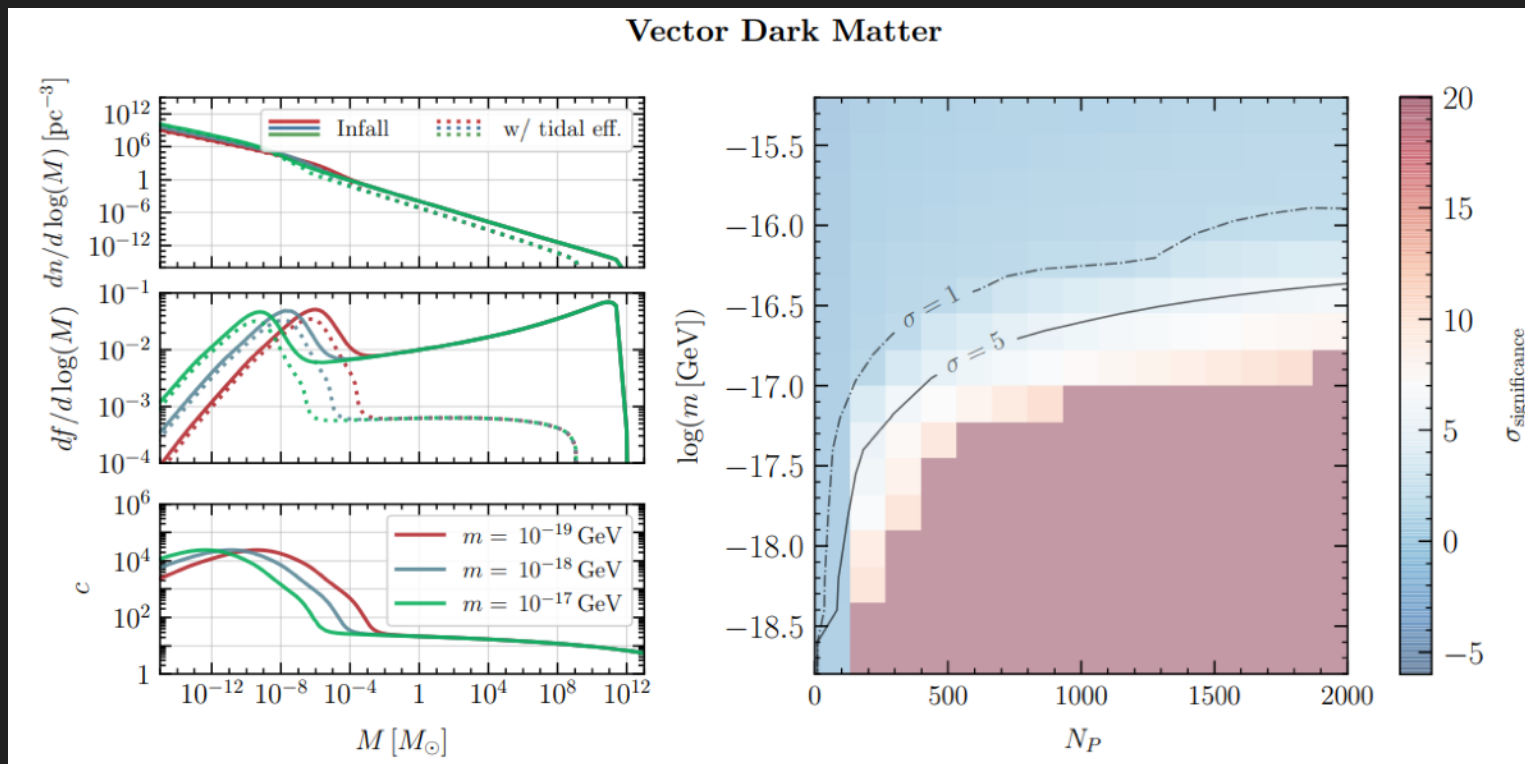
Power spectrum at recombination



[VL, Mitridate, Trickle and Zurek (2020) 2012.09857]

Vector Dark Matter

Power spectrum from
[Graham, Mardon and Rajendran (2015),
1504.02102]



[VL, Mitridate, Trickle and Zurek (2020) 2012.09857]

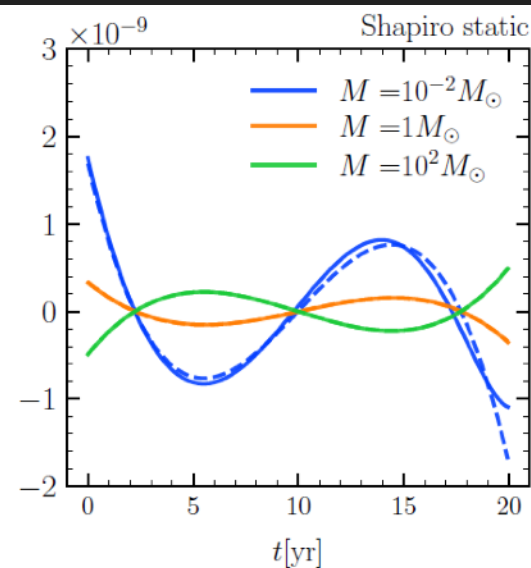
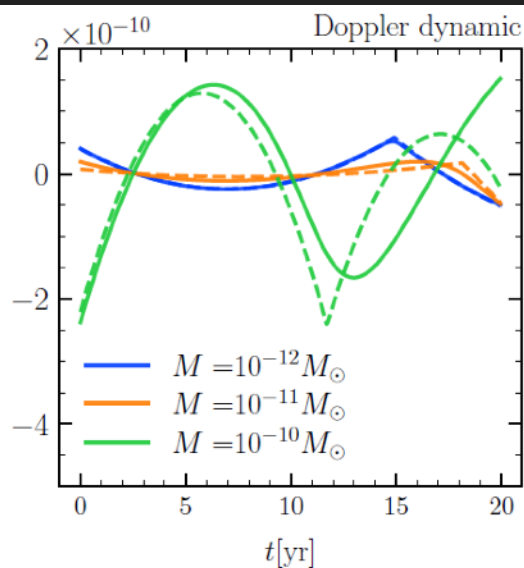
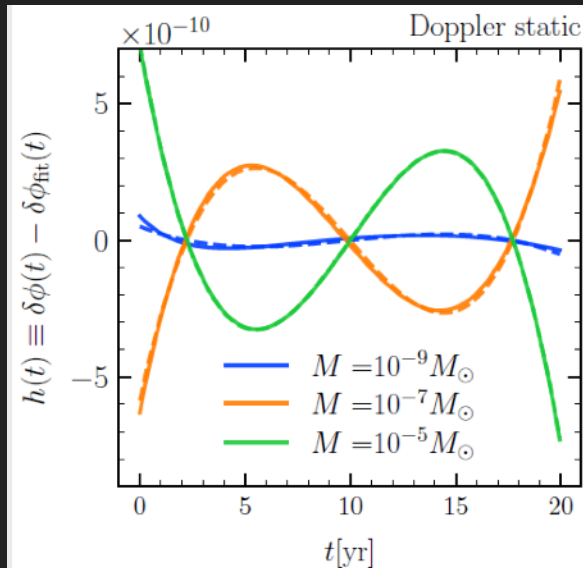
Parameterization of DM Signals

solid: numerical signal shape from MC
dashed: analytic approximation

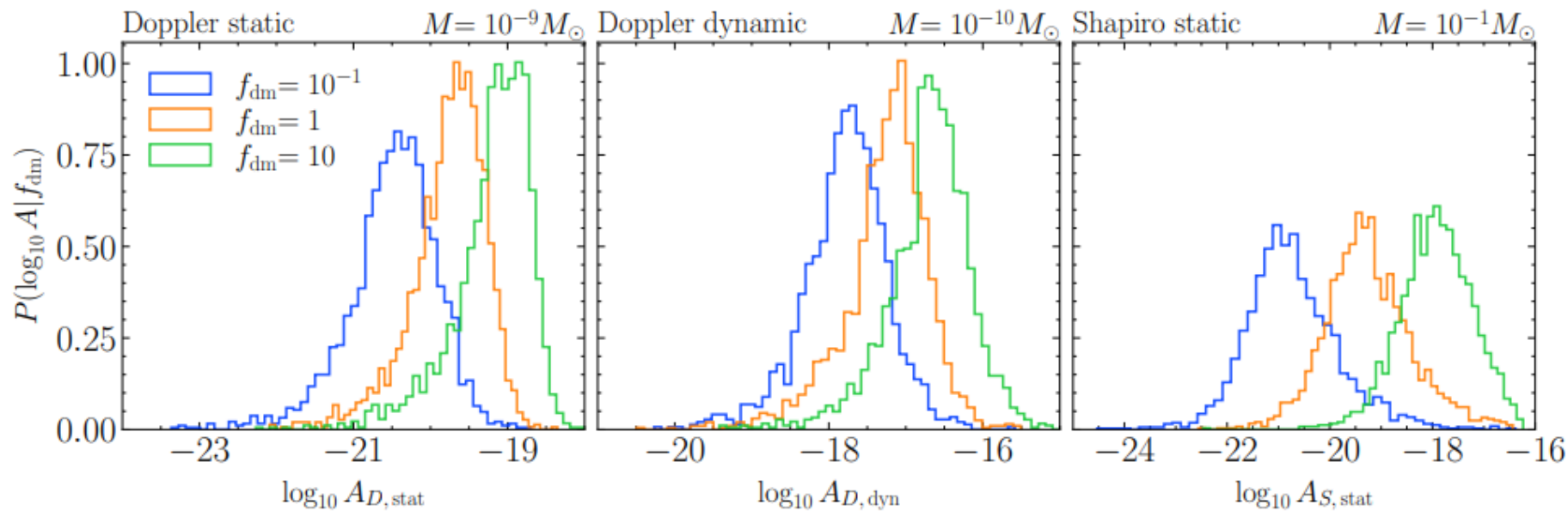
DM amplitudes should be treated as random variables

$$\frac{\delta\phi_{D, \text{stat}}(t)}{\nu} = \frac{A_{D, \text{stat}}}{\text{yr}^2} t^3$$

$$\frac{\delta\phi_{D, \text{dyn}}(t)}{\nu} = A_{D, \text{dyn}}(t - t_{D,0})\Theta(t - t_{D,0}) \quad \frac{\delta\phi_{S, \text{stat}}(t)}{\nu} = \frac{A_{S, \text{stat}}}{\text{yr}^2} t^3$$



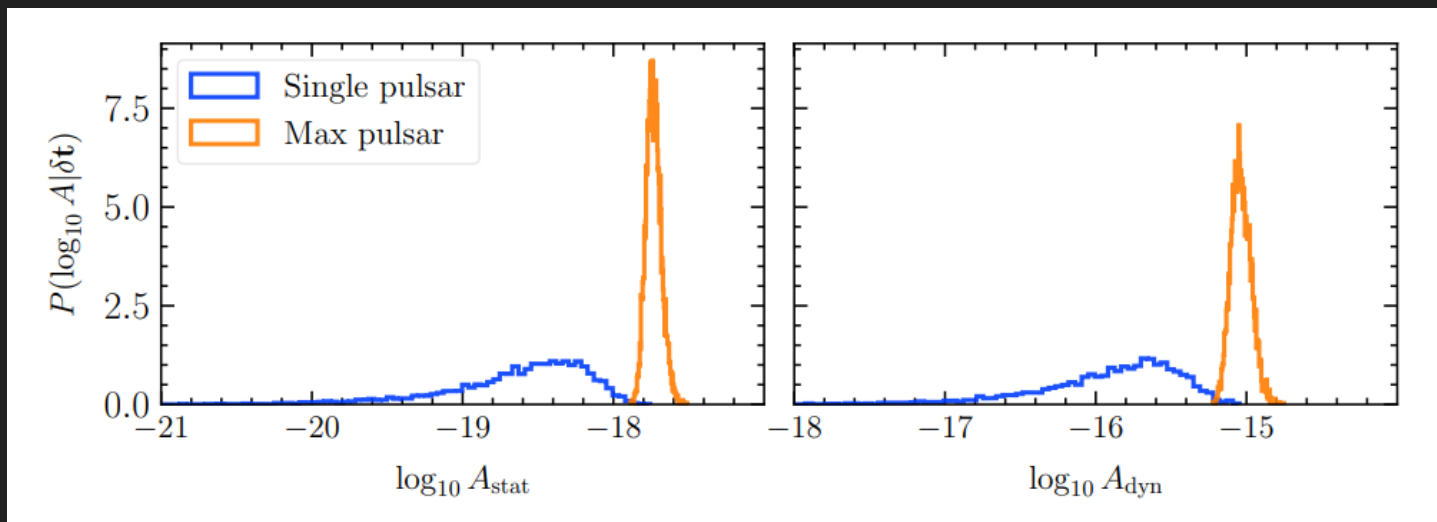
Probability Distribution function of DM amplitude



Data Analysis with realistic PTA data

We use NANOGrav's flagship Bayesian data analysis code “enterprise”

- Given a timing signal with some parameter and some priors, the code returns its posterior distribution while marginalizing other nuisance parameters



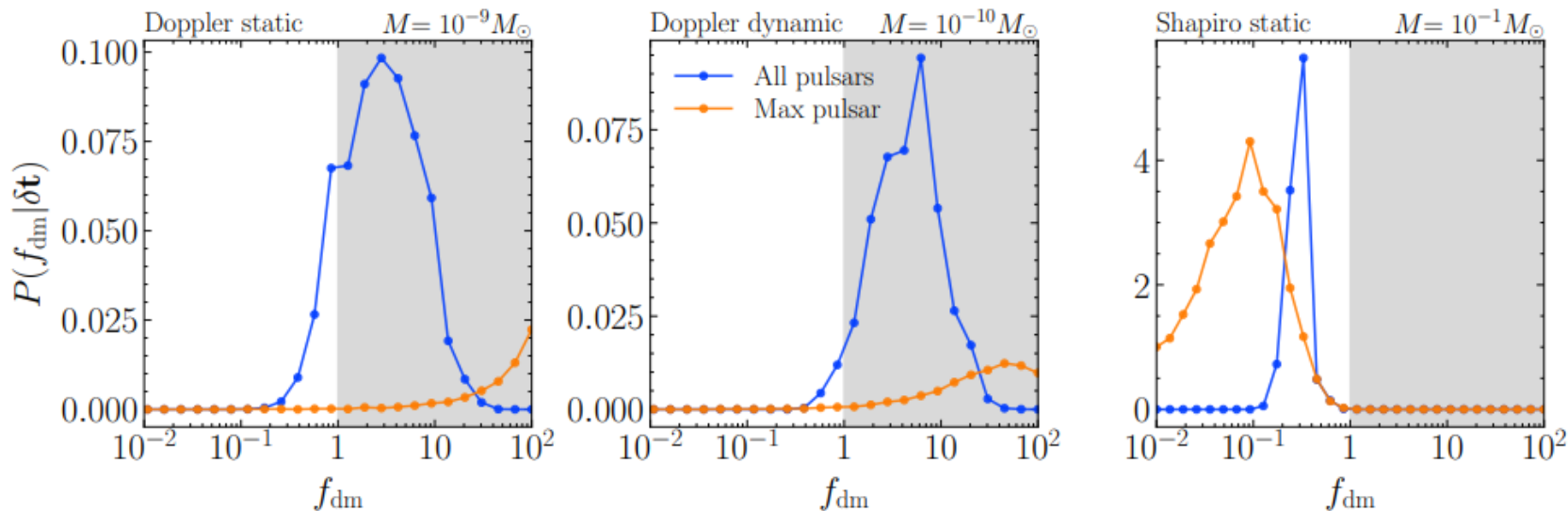
White noise
only, SKA
parameters,
200 pulsars

Upper limits on f

$$P_{\text{all}}(f_{\text{dm}}|\delta\mathbf{t}) \propto \prod_{i=1}^{N_P} \int_{-\infty}^{\infty} P(A_i|f_{\text{dm}})P(A_i|\delta\mathbf{t})dA_i$$

$$P_{\text{max}}(f_{\text{dm}}|\delta\mathbf{t}) \propto \int_{-\infty}^{\infty} P(A_{\text{max}}|f_{\text{dm}})P(A_{\text{max}}|\delta\mathbf{t})dA_{\text{max}}$$

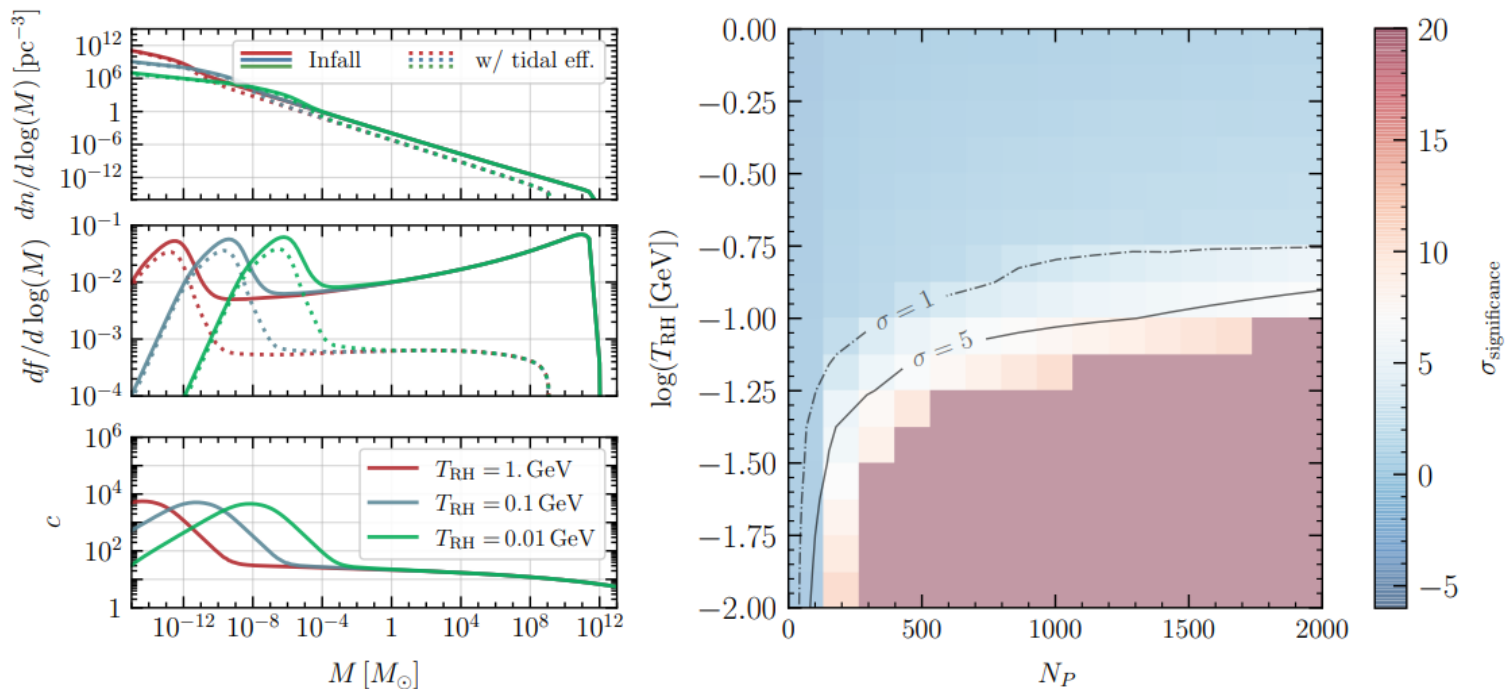
Upper limit on dark matter fraction f can be computed by combining the MC result and the enterprise result



Early Matter Domination

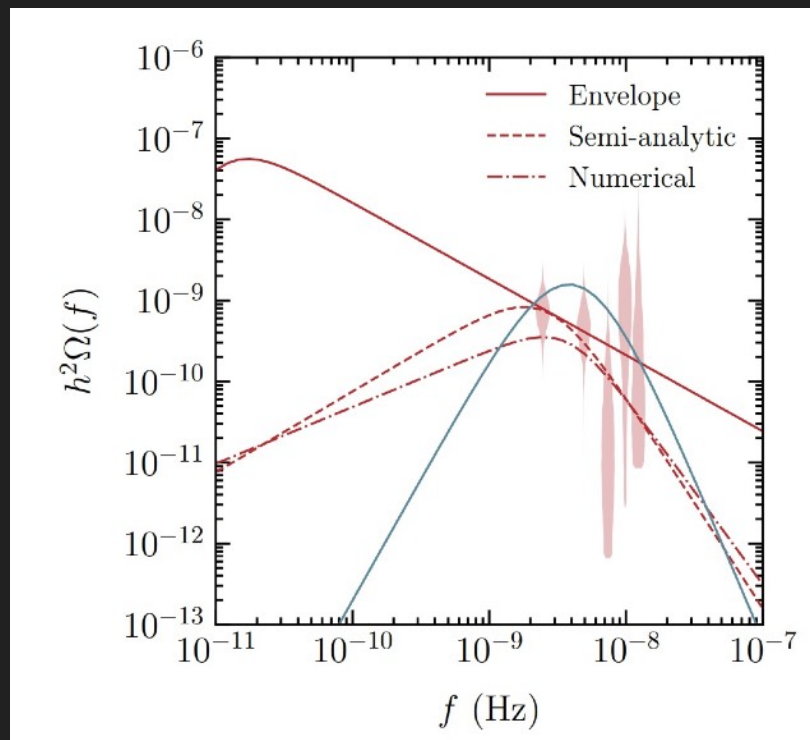
Power spectrum from
[Erickcek and Sigurdson (2011), 1106.0536]

Early Matter Domination



[VL, Mitridate, Trickle and Zurek (2020) 2012.09857]

Phase transition spectrum



[NANOGrav (2022) 2104.13930]