

Various approximations around the Quantum Kinetic Equations

~ N3AS Annual Meeting — 03/18/2023 ~

Julien Froustey

N3AS Fellow, NC State University / UC Berkeley

Outline

1. The Quantum Kinetic Equations

2. Neutrino evolution in the early Universe: the *Adiabatic Transfer of Averaged Oscillations* approximation

1. The Quantum Kinetic Equations

Introducing the QKEs

- In order to describe the evolution of a statistical ensemble of neutrinos: combination of kinetic theory and quantum mechanics.



Boltzmann equation



Flavor mixing

- Generalization of the distribution functions: the “**density matrix**”

$$\begin{pmatrix} f_{\nu_e} & & \\ & f_{\nu_\mu} & \\ & & f_{\nu_\tau} \end{pmatrix} \longrightarrow \begin{pmatrix} \varrho_{ee} & \varrho_{e\mu} & \varrho_{e\tau} \\ \varrho_{\mu e} & \varrho_{\mu\mu} & \varrho_{\mu\tau} \\ \varrho_{\tau e} & \varrho_{\tau\mu} & \varrho_{\tau\tau} \end{pmatrix}$$

Introducing the QKEs

- In order to describe the evolution of a statistical ensemble of neutrinos: combination of kinetic theory and quantum mechanics.



Boltzmann equation



Flavor mixing

- Generalization of the distribution functions: the “**density matrix**”

$$\begin{pmatrix} f_{\nu_e} & & \\ & f_{\nu_\mu} & \\ & & f_{\nu_\tau} \end{pmatrix} \longrightarrow \begin{pmatrix} \langle \hat{a}_{\nu_e}^\dagger \hat{a}_{\nu_e} \rangle & \langle \hat{a}_{\nu_\mu}^\dagger \hat{a}_{\nu_e} \rangle & \langle \hat{a}_{\nu_\tau}^\dagger \hat{a}_{\nu_e} \rangle \\ \langle \hat{a}_{\nu_e}^\dagger \hat{a}_{\nu_\mu} \rangle & \langle \hat{a}_{\nu_\mu}^\dagger \hat{a}_{\nu_\mu} \rangle & \langle \hat{a}_{\nu_\tau}^\dagger \hat{a}_{\nu_\mu} \rangle \\ \langle \hat{a}_{\nu_\tau}^\dagger \hat{a}_{\nu_e} \rangle & \langle \hat{a}_{\nu_\mu}^\dagger \hat{a}_{\nu_\tau} \rangle & \langle \hat{a}_{\nu_\tau}^\dagger \hat{a}_{\nu_\tau} \rangle \end{pmatrix}$$

Introducing the QKEs

- In order to describe the evolution of a statistical ensemble of neutrinos: combination of kinetic theory and quantum mechanics.



Boltzmann equation



Flavor mixing

- Generalization of the distribution functions: the “**density matrix**”

$$\begin{pmatrix} f_{\nu_e} & & \\ & f_{\nu_\mu} & \\ & & f_{\nu_\tau} \end{pmatrix} \rightarrow \begin{pmatrix} \langle \hat{a}_{\nu_e}^\dagger \hat{a}_{\nu_e} \rangle & \langle \hat{a}_{\nu_\mu}^\dagger \hat{a}_{\nu_e} \rangle & \langle \hat{a}_{\nu_\tau}^\dagger \hat{a}_{\nu_e} \rangle \\ \langle \hat{a}_{\nu_e}^\dagger \hat{a}_{\nu_\mu} \rangle & \langle \hat{a}_{\nu_\mu}^\dagger \hat{a}_{\nu_\mu} \rangle & \langle \hat{a}_{\nu_\tau}^\dagger \hat{a}_{\nu_\mu} \rangle \\ \langle \hat{a}_{\nu_\tau}^\dagger \hat{a}_{\nu_e} \rangle & \langle \hat{a}_{\nu_\mu}^\dagger \hat{a}_{\nu_\tau} \rangle & \langle \hat{a}_{\nu_\tau}^\dagger \hat{a}_{\nu_\tau} \rangle \end{pmatrix}$$

- Evolution equation: the **Quantum Kinetic Equation**

$$i \frac{d\varrho(\vec{x}, \vec{p}, t)}{dt} = [\mathcal{H}_{\text{vac}} + \mathcal{H}_{\text{mat}} + \mathcal{H}_{\text{self}}, \varrho] + i \mathcal{I}(\varrho, \bar{\varrho})$$

Derivation of the QKE

Various approaches to derive the Quantum Kinetic Equation:

- ▶ Perturbative expansion [G. Sigl, G. Raffelt, *Nucl. Phys. B* 406, 423 (1993)]
- ▶ Close Time Path formalism [D. Blaschke, V. Cirigliano, *Phys. Rev. D* 94, 033009 (2016)]
- ▶ Extended BBGKY hierarchy [**JF**, C. Pitrou, M.C. Volpe, *JCAP* 12, 015 (2020)]



Central object: s -body reduced density matrix

$$\varrho_{j_1 \dots j_s}^{i_1 \dots i_s} \equiv \langle \hat{a}_{j_s}^\dagger \cdots \hat{a}_{j_1}^\dagger \hat{a}_{i_1} \cdots \hat{a}_{i_s} \rangle$$

In particular, one-body density matrix

$$\varrho_j^i \equiv \langle \hat{a}_j^\dagger \hat{a}_i \rangle$$

$$\left(\varrho_{\phi_j(\vec{p}_j, h_j)}^{\phi_i(\vec{p}_i, h_i)} = \langle \hat{a}_{\phi_j}^\dagger(\vec{p}_j, h_j) \hat{a}_{\phi_i}(\vec{p}_i, h_i) \rangle \right)$$

species, momentum, helicity

Extended BBGKY formalism

Hierarchy of equations

- Hamiltonian (second quantization)

$$\hat{H} = \hat{H}_0 + \hat{H}_{\text{int}} = \sum_{i,j} t_j^i \hat{a}_i^\dagger \hat{a}_j + \frac{1}{4} \sum_{i,j,k,l} \tilde{v}_{jl}^{ik} \hat{a}_i^\dagger \hat{a}_k^\dagger \hat{a}_l \hat{a}_j$$

↑ Kinetic term ↑ Two-body interactions

[C. Volpe et al., *Phys. Rev. D* 87 (2013)]

- BBGKY hierarchy

$$\left\{ \begin{array}{l} i \frac{d\varrho_j^i}{dt} = (t_k^i \varrho_j^k - \varrho_k^i t_j^k) + \frac{1}{2} (\tilde{v}_{ml}^{ik} \varrho_{jk}^{ml} - \varrho_{ml}^{ik} \tilde{v}_{jk}^{ml}) \\ i \frac{d\varrho_{jl}^{ik}}{dt} = \left(t_r^i \varrho_{jl}^{rk} + t_p^k \varrho_{jl}^{ip} + \frac{1}{2} \tilde{v}_{rp}^{ik} \varrho_{jl}^{rp} - \varrho_{rl}^{ik} t_j^r - \varrho_{jp}^{ik} t_l^p - \frac{1}{2} \varrho_{rp}^{ik} \tilde{v}_{jl}^{rp} \right) \\ \quad + \frac{1}{2} \left(\tilde{v}_{rn}^{im} \varrho_{jlm}^{rkn} + \tilde{v}_{pn}^{km} \varrho_{jlm}^{ipn} - \varrho_{rln}^{ikm} \tilde{v}_{jm}^{rn} - \varrho_{jpn}^{ikm} \tilde{v}_{lm}^{pn} \right) \end{array} \right.$$

1-body density matrix

2-body density matrix

3-body density matrix

**Ehrenfest
theorem**

$$i \frac{d\langle \hat{a}_j^\dagger \hat{a}_i \rangle}{dt} = \langle [\hat{a}_j^\dagger \hat{a}_i, \hat{H}] \rangle$$

Extended BBGKY formalism

Hierarchy of equations

- Hamiltonian (second quantization)

$$\hat{H} = \hat{H}_0 + \hat{H}_{\text{int}} = \sum_{i,j} t_j^i \hat{a}_i^\dagger \hat{a}_j + \frac{1}{4} \sum_{i,j,k,l} \tilde{v}_{jl}^{ik} \hat{a}_i^\dagger \hat{a}_k^\dagger \hat{a}_l \hat{a}_j$$

↑ ↑
Kinetic term Two-body interactions

[C. Volpe et al., *Phys. Rev. D* 87 (2013)]

- BBGKY hierarchy

$$\begin{cases} i \frac{d\varrho_j^i}{dt} = (t_k^i \varrho_j^k - \varrho_k^i t_j^k) + \frac{1}{2} (\tilde{v}_{ml}^{ik} \varrho_{jk}^{ml} - \varrho_{ml}^{ik} \tilde{v}_{jk}^{ml}) \\ i \frac{d\varrho_{jl}^{ik}}{dt} = \left(t_r^i \varrho_{jl}^{rk} + t_p^k \varrho_{jl}^{ip} + \frac{1}{2} \tilde{v}_{rp}^{ik} \varrho_{jl}^{rp} - \varrho_{rl}^{ik} t_j^r - \varrho_{jp}^{ik} t_l^p - \frac{1}{2} \varrho_{rp}^{ik} \tilde{v}_{jl}^{rp} \right) \\ \quad + \frac{1}{2} \left(\tilde{v}_{rn}^{im} \varrho_{jlm}^{rkn} + \tilde{v}_{pn}^{km} \varrho_{jlm}^{ipn} - \varrho_{rln}^{ikm} \tilde{v}_{jm}^{rn} - \varrho_{jpn}^{ikm} \tilde{v}_{lm}^{pn} \right) \end{cases}$$

1-body density matrix

2-body density matrix

3-body density matrix

Need to truncate this hierarchy

theorem

$$i \frac{d}{dt} \langle \hat{a}_j^\dagger \hat{a}_i, \hat{H} \rangle = \langle [\hat{a}_j^\dagger \hat{a}_i, \hat{H}] \rangle$$

Extended BBGKY formalism

Mean-field truncation

- Correlated and uncorrelated contributions

$$\varrho_{jl}^{ik} \equiv 2\varrho_{[j}^i \varrho_{l]}^k + C_{jl}^{ik} \equiv \varrho_j^i \varrho_l^k - \varrho_l^i \varrho_j^k + C_{jl}^{ik}$$

Extended BBGKY formalism

Mean-field truncation

- Correlated and uncorrelated contributions

$$\varrho_{jl}^{ik} \equiv 2\varrho_{[j}^i \varrho_{l]}^k + C_{jl}^{ik} \equiv \varrho_j^i \varrho_l^k - \varrho_l^i \varrho_j^k + C_{jl}^{ik}$$

$$i \frac{d\varrho_j^i}{dt} = (t_k^i \varrho_j^k - \varrho_k^i t_j^k) + \frac{1}{2} (\tilde{v}_{ml}^{ik} \varrho_{jk}^{ml} - \varrho_{ml}^{ik} \tilde{v}_{jk}^{ml})$$

$$\implies i \frac{d\varrho_j^i}{dt} = ([t_k^i + \Gamma_k^i] \varrho_j^k - \varrho_k^i [t_j^k + \Gamma_j^k]) + \frac{1}{2} (\tilde{v}_{ml}^{ik} C_{jk}^{ml} - C_{ml}^{ik} \tilde{v}_{jk}^{ml})$$

Extended BBGKY formalism

Mean-field truncation

- Correlated and uncorrelated contributions

$$\varrho_{jl}^{ik} \equiv 2\varrho_{[j}^i \varrho_{l]}^k + C_{jl}^{ik} \equiv \varrho_j^i \varrho_l^k - \varrho_l^i \varrho_j^k + C_{jl}^{ik}$$

$$i \frac{d\varrho_j^i}{dt} = (t_k^i \varrho_j^k - \varrho_k^i t_j^k) + \frac{1}{2} (\tilde{v}_{ml}^{ik} \varrho_{jk}^{ml} - \varrho_{ml}^{ik} \tilde{v}_{jk}^{ml})$$

$$\implies i \frac{d\varrho_j^i}{dt} = ([t_k^i + \Gamma_{\mathbf{k}}^i] \varrho_j^k - \varrho_k^i [t_j^k + \Gamma_{\mathbf{j}}^k]) + \frac{1}{2} (\tilde{v}_{ml}^{ik} C_{jk}^{ml} - C_{ml}^{ik} \tilde{v}_{jk}^{ml})$$

Mean-field potential

$$\boxed{\Gamma_j^i = \sum_{k,l} \tilde{v}_{jl}^{ik} \varrho_k^l}$$

Extended BBGKY formalism

Mean-field truncation

- Correlated and uncorrelated contributions

$$\varrho_{jl}^{ik} \equiv 2\varrho_{[j}^i \varrho_{l]}^k + C_{jl}^{ik} \equiv \varrho_j^i \varrho_l^k - \varrho_l^i \varrho_j^k + \cancel{C_{jl}^{ik}}$$

$$i \frac{d\varrho_j^i}{dt} = (t_k^i \varrho_j^k - \varrho_k^i t_j^k) + \frac{1}{2} (\tilde{v}_{ml}^{ik} \varrho_{jk}^{ml} - \varrho_{ml}^{ik} \tilde{v}_{jk}^{ml})$$

$$\implies i \frac{d\varrho_j^i}{dt} = ([t_k^i + \Gamma_{\mathbf{k}}^i] \varrho_j^k - \varrho_k^i [t_j^k + \Gamma_{\mathbf{j}}^k]) + \frac{1}{2} (\tilde{v}_{ml}^{ik} \cancel{\varrho_{jk}^{ml}} - \cancel{\varrho_{ml}^{ik}} \tilde{v}_{jk}^{ml})$$

Mean-field potential

$$\boxed{\Gamma_j^i = \sum_{k,l} \tilde{v}_{jl}^{ik} \varrho_k^l}$$

- Simplest closure: Hartree-Fock (or *mean-field*) approximation

but need to account for correlations due to two-body collisions...

Extended BBGKY formalism

Mean-field truncation

- Correlated and uncorrelated contributions

$$\varrho_{jl}^{ik} \equiv 2\varrho_{[j}^i \varrho_{l]}^k + C_{jl}^{ik} \equiv \varrho_j^i \varrho_l^k - \varrho_l^i \varrho_j^k + \cancel{C_{jl}^{ik}}$$

$$i \frac{d\varrho_j^i}{dt} = (t_k^i \varrho_j^k - \varrho_k^i t_j^k) + \frac{1}{2} (\tilde{v}_{ml}^{ik} \varrho_{jk}^{ml} - \varrho_{ml}^{ik} \tilde{v}_{jk}^{ml})$$

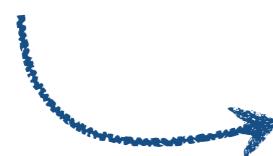
$$\implies i \frac{d\varrho_j^i}{dt} = ([t_k^i + \Gamma_{\mathbf{k}}^i] \varrho_j^k - \varrho_k^i [t_j^k + \Gamma_{\mathbf{j}}^k]) + \frac{1}{2} (\tilde{v}_{ml}^{ik} \cancel{\varrho_{jk}^{ml}} - \cancel{\varrho_{ml}^{ik}} \tilde{v}_{jk}^{ml})$$

Mean-field potential

$$\boxed{\Gamma_j^i = \sum_{k,l} \tilde{v}_{jl}^{ik} \varrho_k^l}$$

- Simplest closure: Hartree-Fock (or *mean-field*) approximation

but need to account for correlations due to two-body collisions...



Molecular chaos approximation

Extended BBGKY formalism

Towards the collision term

- *Molecular chaos* assumption = correlations are built from collisions between uncorrelated particles

$$i \frac{dC_{jl}^{ik}}{dt} \simeq \left[t_r^i C_{jl}^{rk} + t_p^k C_{jl}^{ip} - C_{rl}^{ik} t_j^r - C_{jp}^{ik} t_l^p \right] \\ + (\hat{1} - \varrho)_r^i (\hat{1} - \varrho)_p^k \tilde{v}_{sq}^{rp} \varrho_j^s \varrho_l^q - \varrho_r^i \varrho_p^k \tilde{v}_{sq}^{rp} (\hat{1} - \varrho)_j^s (\hat{1} - \varrho)_l^q$$

↑
Pauli-blocking factors

Extended BBGKY formalism

Towards the collision term

- Molecular chaos assumption = correlations are built from collisions between uncorrelated particles

$$i \frac{dC_{jl}^{ik}}{dt} \simeq \left[t_r^i C_{jl}^{rk} + t_p^k C_{jl}^{ip} - C_{rl}^{ik} t_j^r - C_{jp}^{ik} t_l^p \right] + (\hat{1} - \varrho)_r^i (\hat{1} - \varrho)_p^k \tilde{v}_{sq}^{rp} \varrho_j^s \varrho_l^q - \varrho_r^i \varrho_p^k \tilde{v}_{sq}^{rp} (\hat{1} - \varrho)_j^s (\hat{1} - \varrho)_l^q$$

↑
Pauli-blocking factors

- Evolution equation

$$i \frac{d\varrho_j^i}{dt} = \left([t_k^i + \Gamma_k^i] \varrho_j^k - \varrho_k^i [t_j^k + \Gamma_j^k] \right) + \frac{1}{2} (\tilde{v}_{ml}^{ik} C_{jk}^{ml} - C_{ml}^{ik} \tilde{v}_{jk}^{ml}) \\ = [\hat{t} + \hat{\Gamma}, \hat{\varrho}]_j^i + i \hat{\mathcal{C}}_j^i$$

Extended BBGKY formalism

Collision term

$$i \frac{d\varrho_j^i}{dt} = \left[\hat{t} + \hat{\Gamma}, \hat{\varrho} \right]_j^i + i \hat{\mathcal{C}}_j^i$$

$$\begin{aligned} \mathcal{C}_{i'_1}^{i_1} \propto & \frac{1}{4} \left(\tilde{v}_{i_3 i_4}^{i_1 i_2} \varrho_{j_3}^{i_3} \varrho_{j_4}^{i_4} \tilde{v}_{j_1 j_2}^{j_3 j_4} (\hat{1} - \varrho)_{i'_1}^{j_1} (\hat{1} - \varrho)_{i_2}^{j_2} - \tilde{v}_{i_3 i_4}^{i_1 i_2} (\hat{1} - \varrho)_{j_3}^{i_3} (\hat{1} - \varrho)_{j_4}^{i_4} \tilde{v}_{j_1 j_2}^{j_3 j_4} \varrho_{i'_1}^{j_1} \varrho_{i_2}^{j_2} \right. \\ & \left. + (\hat{1} - \varrho)_{j_1}^{i_1} (\hat{1} - \varrho)_{j_2}^{i_2} \tilde{v}_{j_3 j_4}^{j_1 j_2} \varrho_{i_3}^{j_3} \varrho_{i_4}^{j_4} \tilde{v}_{i'_1 i_2}^{i_3 i_4} - \varrho_{j_1}^{i_1} \varrho_{j_2}^{i_2} \tilde{v}_{j_3 j_4}^{j_1 j_2} (\hat{1} - \varrho)_{i_3}^{j_3} (\hat{1} - \varrho)_{i_4}^{j_4} \tilde{v}_{i'_1 i_2}^{i_3 i_4} \right) \end{aligned}$$

Extended BBGKY formalism

Collision term

$$i \frac{d\varrho_j^i}{dt} = [\hat{t} + \hat{\Gamma}, \hat{\varrho}]_j^i + i \hat{\mathcal{C}}_j^i$$

$$\begin{aligned} \mathcal{C}_{i'_1}^{i_1} \propto & \frac{1}{4} \left(\tilde{v}_{i_3 i_4}^{i_1 i_2} \varrho_{j_3}^{i_3} \varrho_{j_4}^{i_4} \tilde{v}_{j_1 j_2}^{j_3 j_4} (\hat{1} - \varrho)_{i'_1}^{j_1} (\hat{1} - \varrho)_{i_2}^{j_2} - \tilde{v}_{i_3 i_4}^{i_1 i_2} (\hat{1} - \varrho)_{j_3}^{i_3} (\hat{1} - \varrho)_{j_4}^{i_4} \tilde{v}_{j_1 j_2}^{j_3 j_4} \varrho_{i'_1}^{j_1} \varrho_{i_2}^{j_2} \right. \\ & \left. + (\hat{1} - \varrho)_{j_1}^{i_1} (\hat{1} - \varrho)_{j_2}^{i_2} \tilde{v}_{j_3 j_4}^{j_1 j_2} \varrho_{i_3}^{j_3} \varrho_{i_4}^{j_4} \tilde{v}_{i'_1 i_2}^{i_3 i_4} - \varrho_{j_1}^{i_1} \varrho_{j_2}^{i_2} \tilde{v}_{j_3 j_4}^{j_1 j_2} (\hat{1} - \varrho)_{i_3}^{j_3} (\hat{1} - \varrho)_{i_4}^{j_4} \tilde{v}_{i'_1 i_2}^{i_3 i_4} \right) \end{aligned}$$

Gain

Loss

Extended BBGKY formalism

Collision term

$$i \frac{d\varrho_j^i}{dt} = [\hat{t} + \hat{\Gamma}, \hat{\varrho}]_j^i + i \hat{\mathcal{C}}_j^i$$

$$\begin{aligned} \mathcal{C}_{i'_1}^{i_1} \propto & \frac{1}{4} \left(\tilde{v}_{i_3 i_4}^{i_1 i_2} f_3 f_4 \tilde{v}_{j_1 j_2}^{j_3 j_4} (\hat{1} - f_1) (\hat{1} - f_2) - \tilde{v}_{i_3 i_4}^{i_1 i_2} (\hat{1} - \varrho)_{j_3}^{i_3} (\hat{1} - \varrho)_{j_4}^{i_4} \tilde{v}_{j_1 j_2}^{j_3 j_4} \varrho_{i'_1}^{j_1} \varrho_{i_2}^{j_2} \right. \\ & + (\hat{1} - \varrho)_{j_1}^{i_1} (\hat{1} - \varrho)_{j_2}^{i_2} \tilde{v}_{j_3 j_4}^{j_1 j_2} \varrho_{i_3}^{j_3} \varrho_{i_4}^{j_4} \tilde{v}_{i'_1 i_2}^{i_3 i_4} - \varrho_{j_1}^{i_1} \varrho_{j_2}^{i_2} \tilde{v}_{j_3 j_4}^{j_1 j_2} (\hat{1} - \varrho)_{i_3}^{j_3} (\hat{1} - \varrho)_{i_4}^{j_4} \tilde{v}_{i'_1 i_2}^{i_3 i_4} \Big) \end{aligned}$$



Extended BBGKY formalism

Collision term

$$i \frac{d\varrho_j^i}{dt} = [\hat{t} + \hat{\Gamma}, \hat{\varrho}]_j^i + i \hat{\mathcal{C}}_j^i$$

$$\begin{aligned} \mathcal{C}_{i'_1}^{i_1} \propto & \frac{1}{4} \left(\tilde{v}_{i_3 i_4}^{i_1 i_2} f_3 f_4 \tilde{v}_{j_1 j_2}^{j_3 j_4} (1 - f_1) (1 - f_2) - \tilde{v}_{i_3 i_4}^{i_1 i_2} (1 - \varrho)_{j_3}^{i_3} (1 - \varrho)_{j_4}^{i_4} \tilde{v}_{j_1 j_2}^{j_3 j_4} \varrho_{i'_1}^{j_1} \varrho_{i'_2}^{j_2} \right. \\ & + (1 - \varrho)_{j_1}^{i_1} (1 - \varrho)_{j_2}^{i_2} \tilde{v}_{j_3 j_4}^{j_1 j_2} \varrho_{i_3}^{j_3} \varrho_{i_4}^{j_4} \tilde{v}_{i'_1 i'_2}^{i_3 i_4} - \varrho_{j_1}^{i_1} \varrho_{j_2}^{i_2} \tilde{v}_{j_3 j_4}^{j_1 j_2} (1 - \varrho)_{i_3}^{j_3} (1 - \varrho)_{i_4}^{j_4} \tilde{v}_{i'_1 i'_2}^{i_3 i_4} \Big) \\ & \quad \quad \quad \text{---} \quad \quad \quad \langle |\mathcal{M}|^2 \rangle \end{aligned}$$

After computing the interaction matrix elements,

$$i \frac{d\varrho(\vec{x}, \vec{p}, t)}{dt} = [\mathcal{H}_{\text{vac}} + \mathcal{H}_{\text{mat}} + \mathcal{H}_{\text{self}}, \varrho] + i \mathcal{I}(\varrho, \bar{\varrho})$$

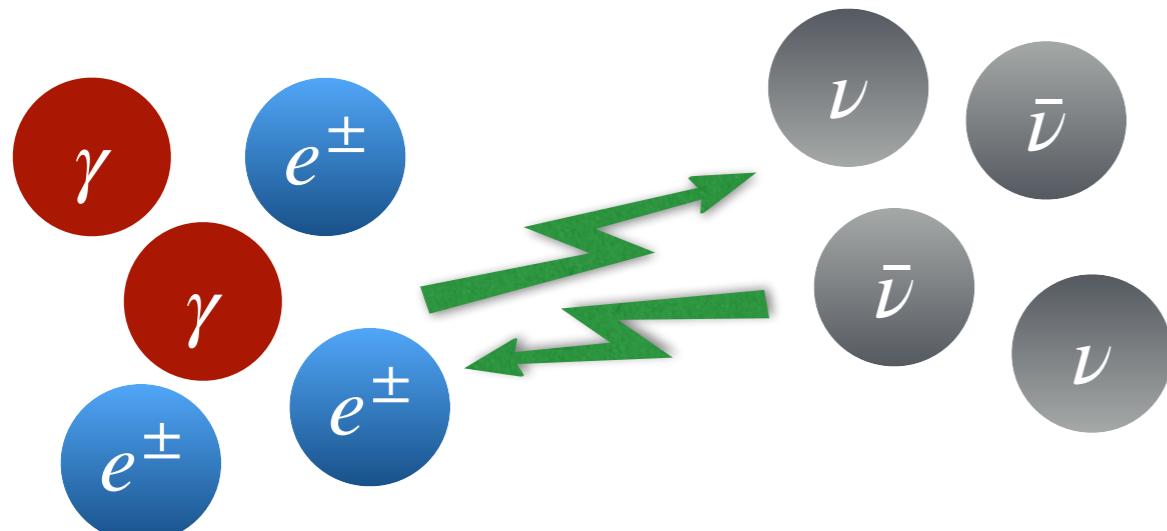
⇒ The QKEs are an approximation neglecting higher than 2-body correlations.

2. Neutrino evolution in the early Universe

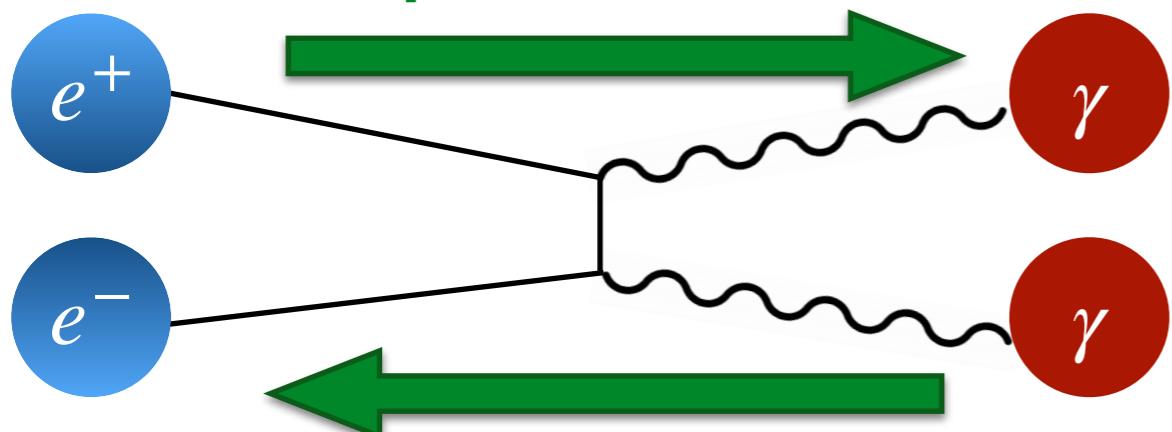
*The Adiabatic Transfer of Averaged
Oscillations approximation*

Neutrino decoupling

Neutrino decoupling

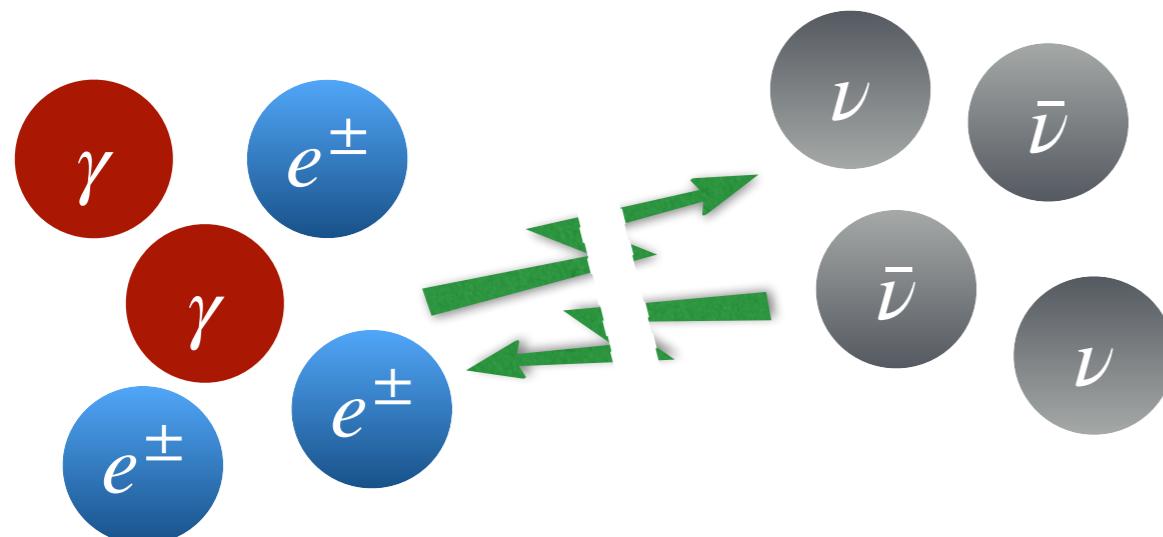


Electron/positron annihilation



Neutrino decoupling

Neutrino decoupling

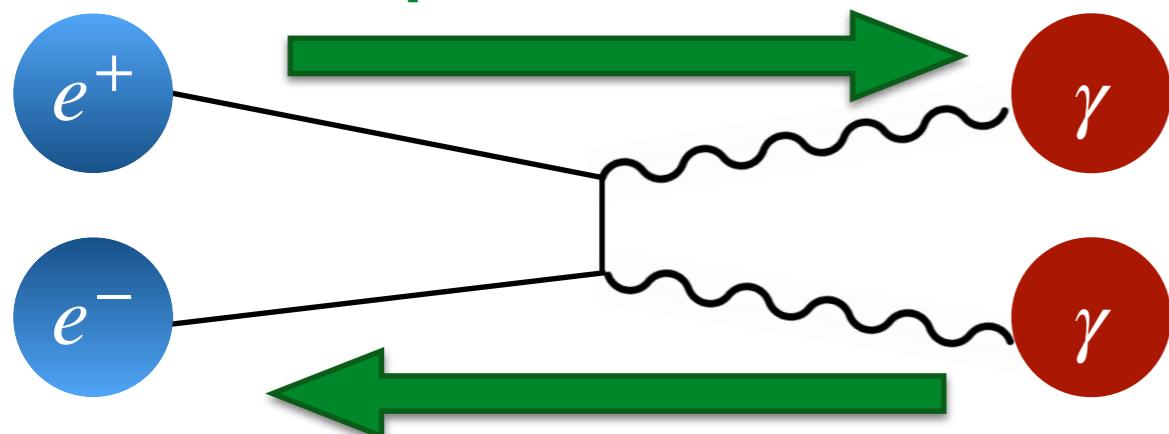


$T \sim 1 \text{ MeV}$

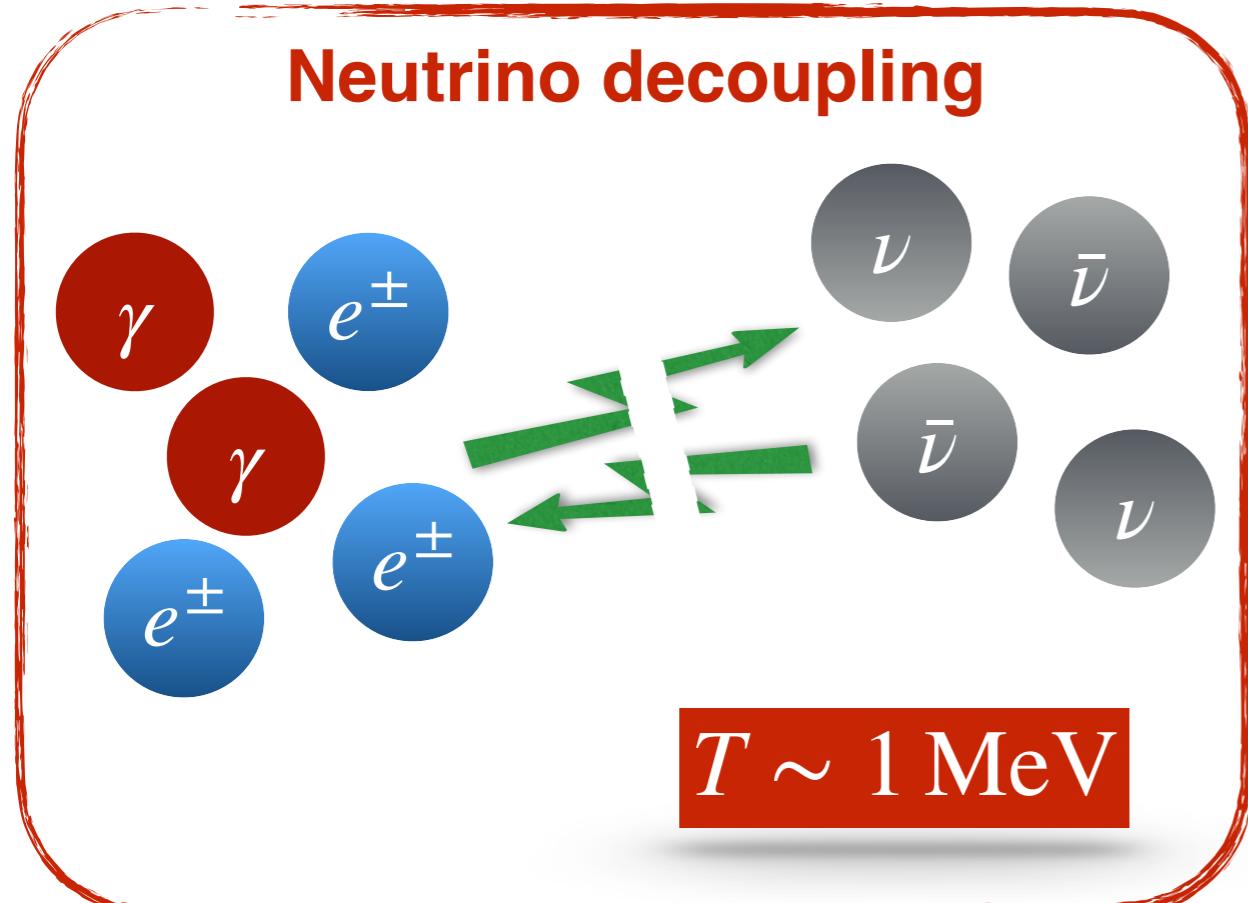
Below this temperature

$$T_{\nu_e} = T_{\nu_\mu} = T_{\nu_\tau} \propto a^{-1}$$

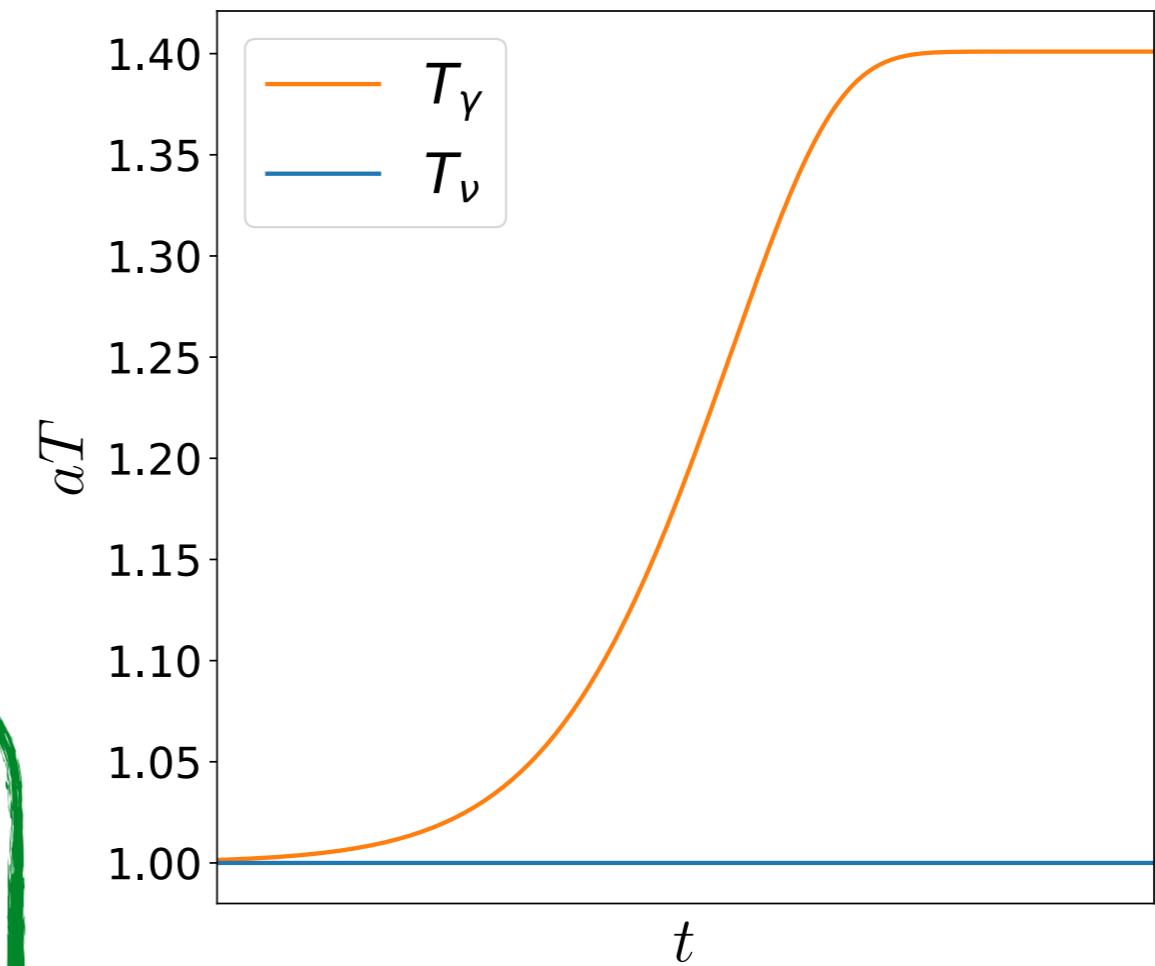
Electron/positron annihilation



Neutrino decoupling



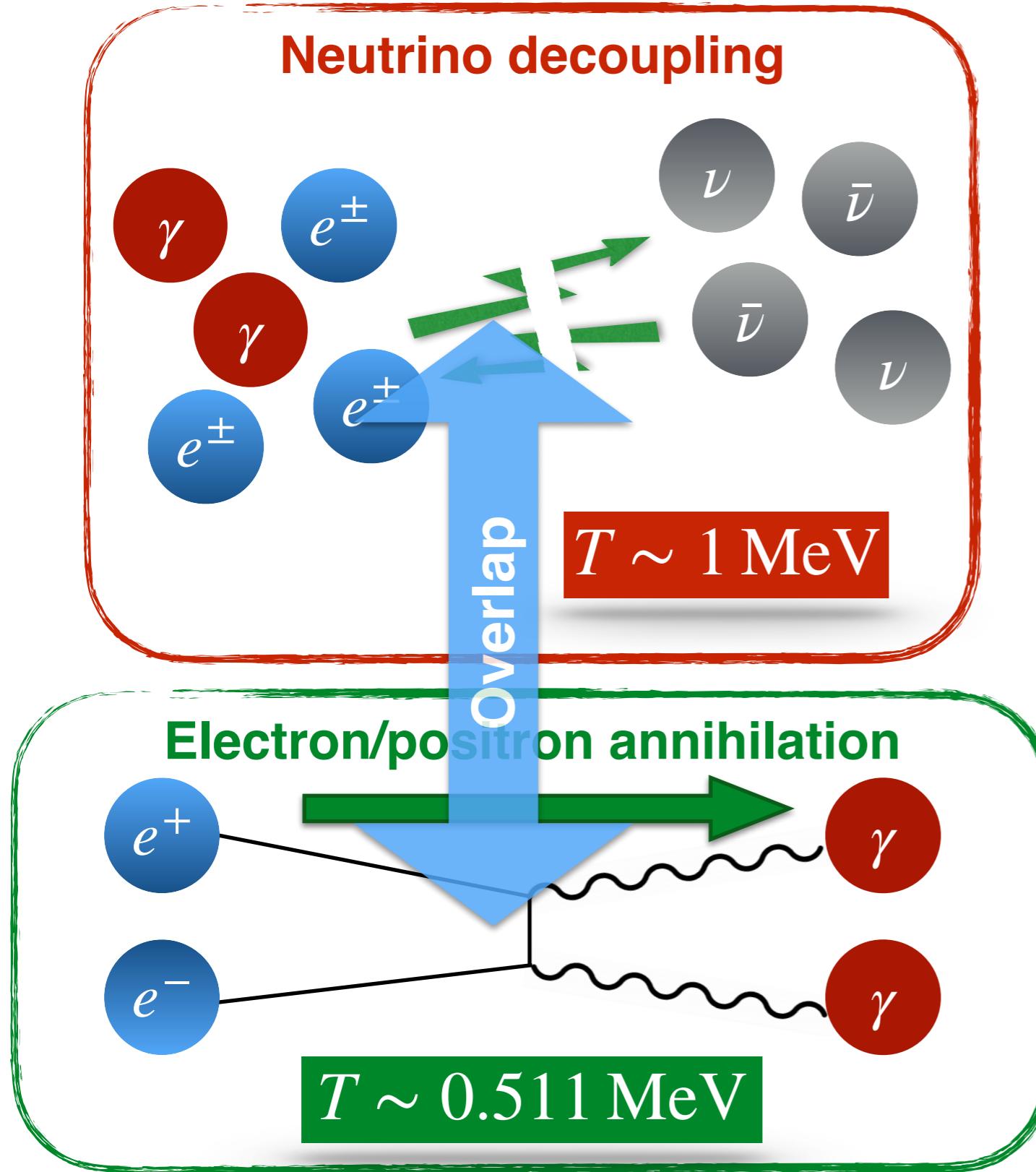
Below this temperature
 $T_{\nu_e} = T_{\nu_\mu} = T_{\nu_\tau} \propto a^{-1}$



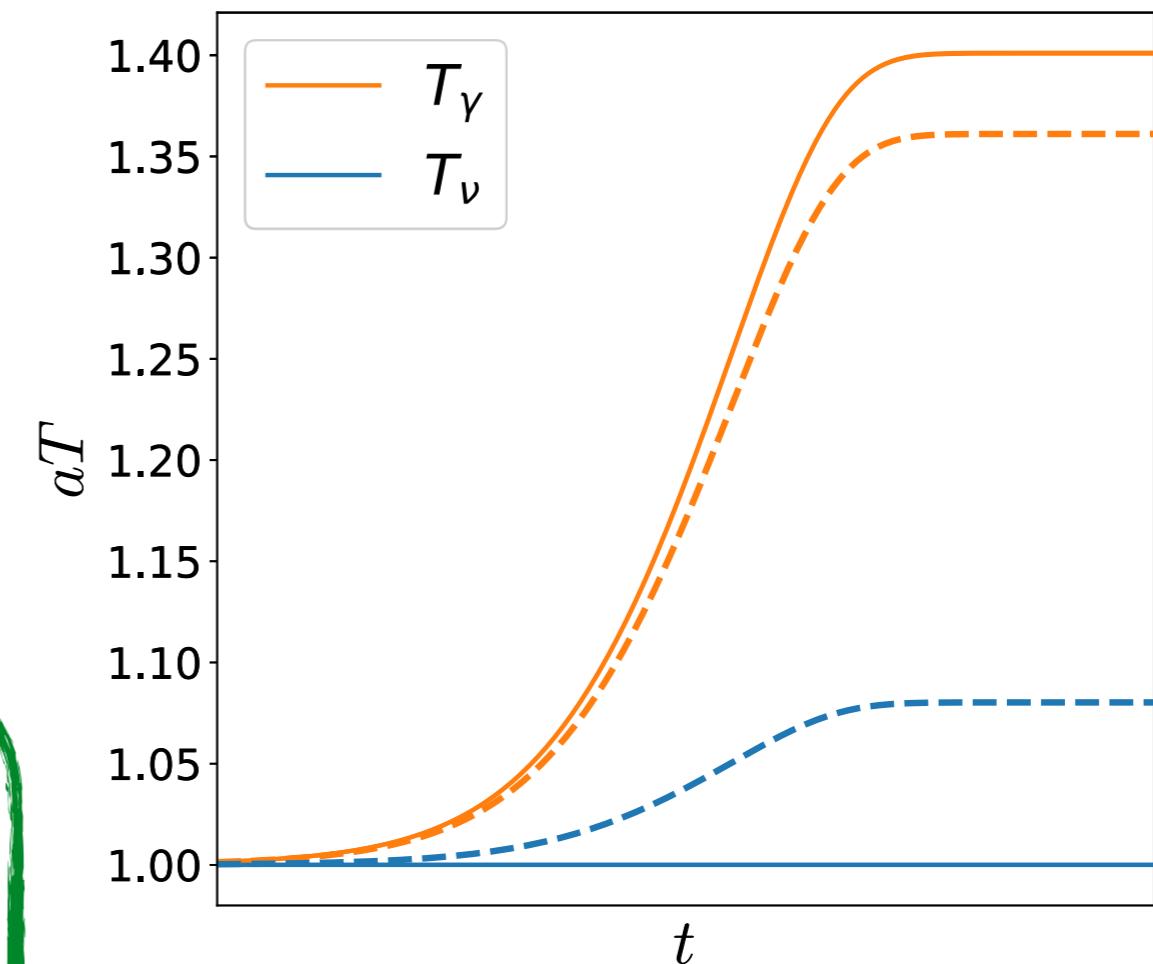
Electron/positron annihilation
 $T \sim 0.511 \text{ MeV}$

Entropy transfer from e^\pm
 $T_\gamma \searrow$ slower than a^{-1}

Neutrino decoupling

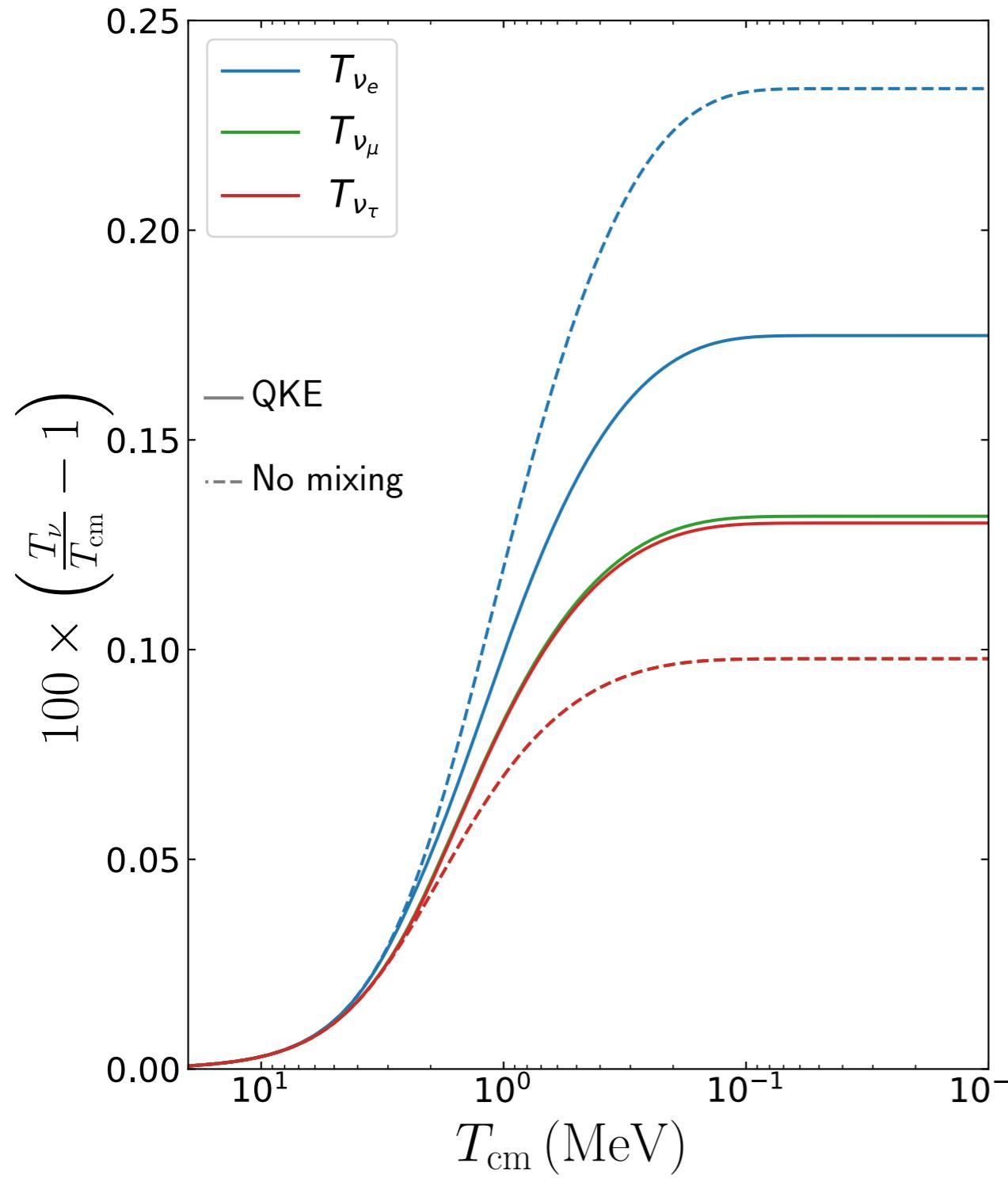


Below this temperature
 $T_{\nu_e} = T_{\nu_\mu} = T_{\nu_\tau} \propto a^{-1}$



Entropy transfer from e^\pm
 $T_\gamma \searrow$ slower than a^{-1}

Neutrino decoupling with flavor oscillations



- Solve the QKE with the hypotheses of homogeneity and isotropy ;
- Species involved: $\nu, \bar{\nu}, e^\pm$

$$i \left[\frac{\partial}{\partial t} - H p \frac{\partial}{\partial p} \right] \varrho(p, t) = \left[U \frac{M^2}{2p} U^\dagger, \varrho \right]$$

$$-2\sqrt{2}G_F p \left[\frac{\mathbb{E}_{\text{lep}} + \mathbb{P}_{\text{lep}}}{m_W^2}, \varrho \right] + i \mathcal{I}[\varrho, \bar{\varrho}]$$

Vacuum

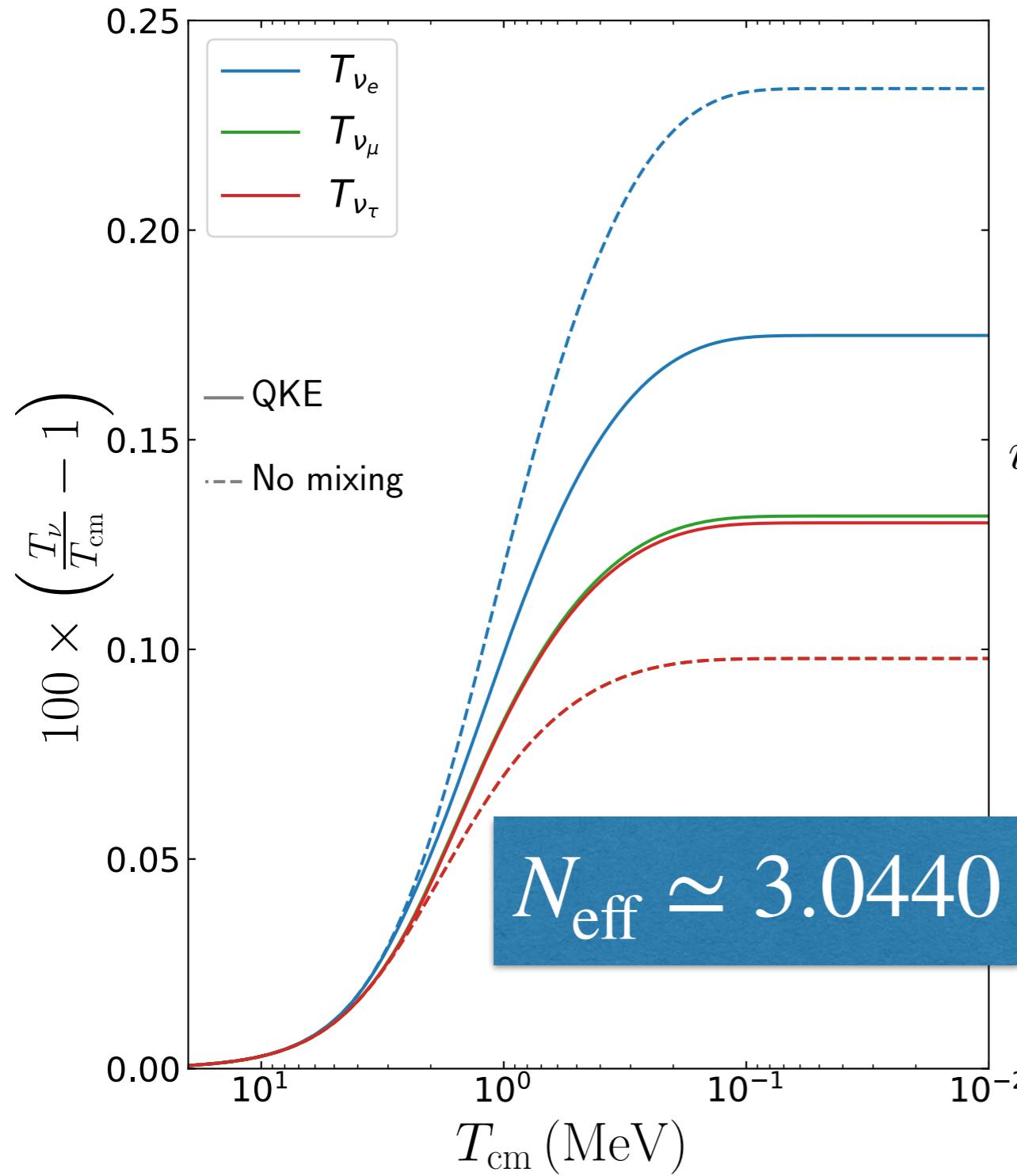
Collisions

Lepton mean-field

- Parameterization:

$$\varrho_\alpha^\alpha(p, t) = \frac{1 + \delta g_{\nu_\alpha}(p, t)}{e^{p/T_{\nu_\alpha}} + 1}$$

Neutrino decoupling with flavor oscillations



- Solve the QKE with the hypotheses of homogeneity and isotropy ;
- Species involved: $\nu, \bar{\nu}, e^\pm$

$$i \left[\frac{\partial}{\partial t} - H p \frac{\partial}{\partial p} \right] \varrho(p, t) = \left[U \frac{\mathbb{M}^2}{2p} U^\dagger, \varrho \right]$$

$$-2\sqrt{2}G_F p \left[\frac{\mathbb{E}_{\text{lep}} + \mathbb{P}_{\text{lep}}}{m_W^2}, \varrho \right] + i \mathcal{I}[\varrho, \bar{\varrho}]$$

Vacuum

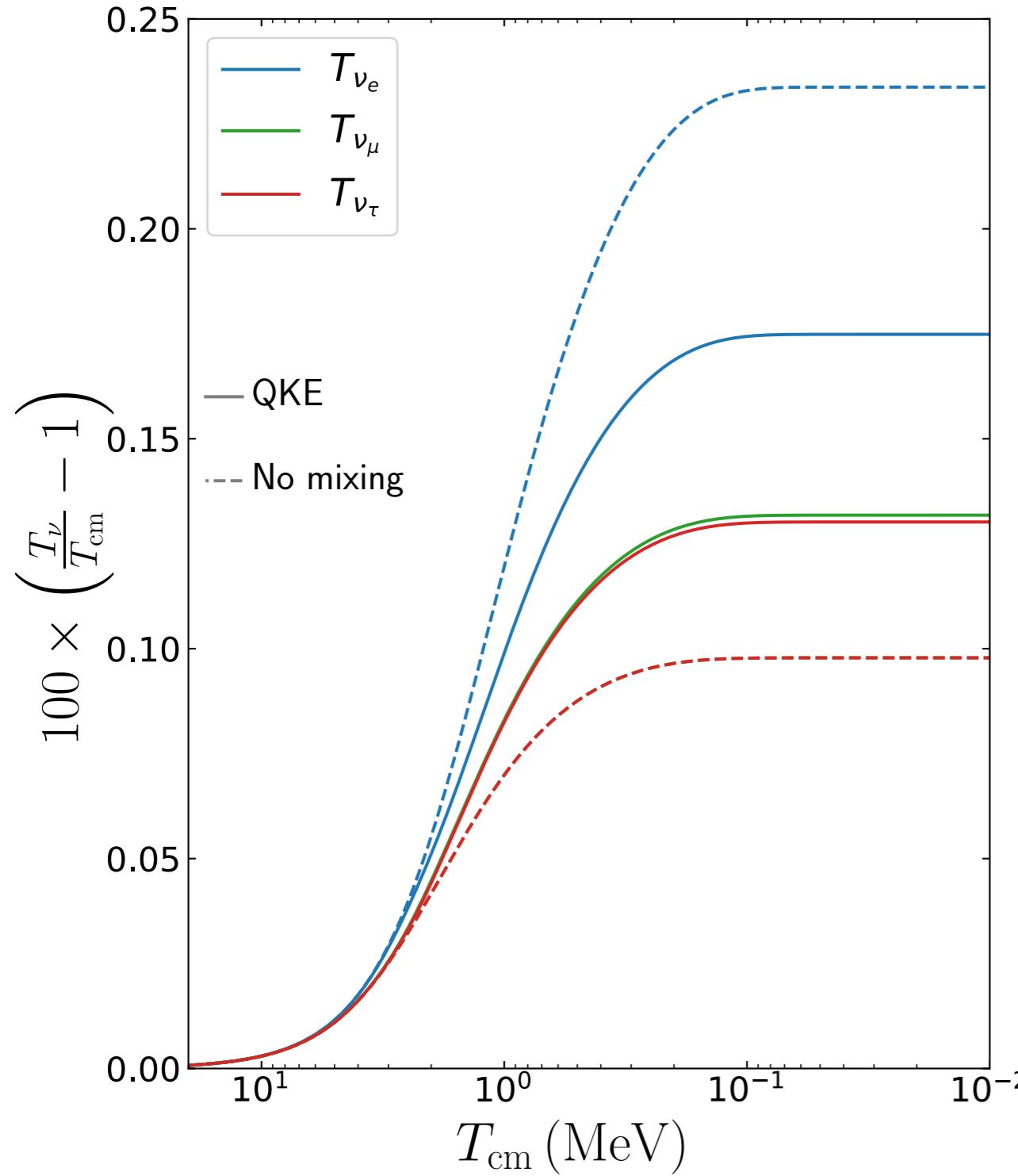
Collisions

Lepton mean-field

- Parameterization:

$$\varrho_\alpha^\alpha(p, t) = \frac{1 + \delta g_{\nu_\alpha}(p, t)}{e^{p/T_{\nu_\alpha}} + 1}$$

Approximation scheme for neutrino oscillations



“No visible oscillations”
→ averaged oscillations?
→ approximate scheme?

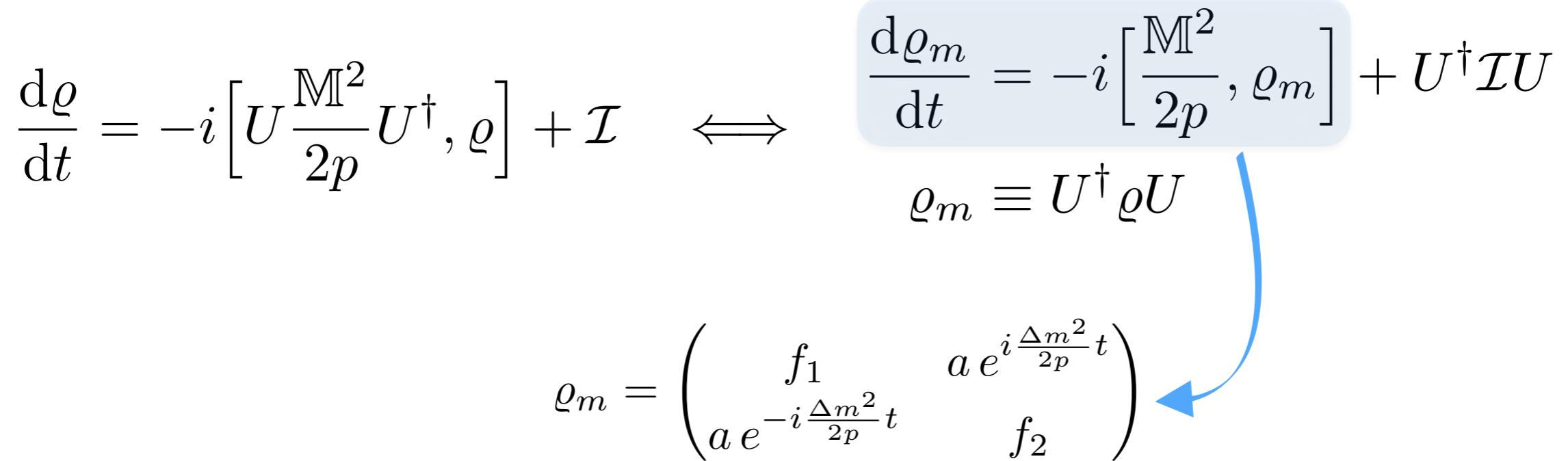
Approximation scheme for neutrino oscillations

- Simplified argument: 2-neutrino mixing, no mean-field

$$\frac{d\varrho}{dt} = -i \left[U \frac{\mathbb{M}^2}{2p} U^\dagger, \varrho \right] + \mathcal{I} \quad \Longleftrightarrow \quad \begin{aligned} \frac{d\varrho_m}{dt} &= -i \left[\frac{\mathbb{M}^2}{2p}, \varrho_m \right] + U^\dagger \mathcal{I} U \\ \varrho_m &\equiv U^\dagger \varrho U \end{aligned}$$

Approximation scheme for neutrino oscillations

- Simplified argument: 2-neutrino mixing, no mean-field

$$\frac{d\varrho}{dt} = -i \left[U \frac{\mathbb{M}^2}{2p} U^\dagger, \varrho \right] + \mathcal{I} \iff \frac{d\varrho_m}{dt} = -i \left[\frac{\mathbb{M}^2}{2p}, \varrho_m \right] + U^\dagger \mathcal{I} U$$
$$\varrho_m \equiv U^\dagger \varrho U$$
$$\varrho_m = \begin{pmatrix} f_1 & a e^{i \frac{\Delta m^2}{2p} t} \\ a e^{-i \frac{\Delta m^2}{2p} t} & f_2 \end{pmatrix}$$


Approximation scheme for neutrino oscillations

- Simplified argument: 2-neutrino mixing, no mean-field

$$\frac{d\varrho}{dt} = -i \left[U \frac{\mathbb{M}^2}{2p} U^\dagger, \varrho \right] + \mathcal{I} \iff \frac{d\varrho_m}{dt} = -i \left[\frac{\mathbb{M}^2}{2p}, \varrho_m \right] + U^\dagger \mathcal{I} U$$
$$\varrho_m \equiv U^\dagger \varrho U$$
$$\varrho_m = \begin{pmatrix} f_1 & a e^{i \frac{\Delta m^2}{2p} t} \\ a e^{-i \frac{\Delta m^2}{2p} t} & f_2 \end{pmatrix}$$

Schematically,

$$\varrho_m = \begin{pmatrix} & \text{---} & \\ \text{---} & \begin{array}{c} | \\ \text{---} \\ | \\ \text{---} \\ | \\ \text{---} \\ | \\ \text{---} \end{array} & \text{---} \\ \text{---} & \begin{array}{c} | \\ \text{---} \\ | \\ \text{---} \\ | \\ \text{---} \\ | \\ \text{---} \end{array} & \text{---} \end{pmatrix}$$

Localized neutrino injection
 $(U^\dagger \mathcal{I} U \sim K \times \delta(0))$

Approximation scheme for neutrino oscillations

- Simplified argument: 2-neutrino mixing, no mean-field

$$\frac{d\varrho}{dt} = -i \left[U \frac{\mathbb{M}^2}{2p} U^\dagger, \varrho \right] + \mathcal{I} \iff \frac{d\varrho_m}{dt} = -i \left[\frac{\mathbb{M}^2}{2p}, \varrho_m \right] + U^\dagger \mathcal{I} U$$
$$\varrho_m \equiv U^\dagger \varrho U$$
$$\varrho_m = \begin{pmatrix} f_1 & a e^{i \frac{\Delta m^2}{2p} t} \\ a e^{-i \frac{\Delta m^2}{2p} t} & f_2 \end{pmatrix}$$

Schematically,

$$\varrho_m = \begin{pmatrix} \text{---} & + & \text{---} & + & \text{---} \\ & + & & + & \\ \text{---} & & & & \text{---} \\ \text{---} & + & \text{---} & + & \text{---} \\ \text{---} & & & & \text{---} \end{pmatrix} \quad \begin{pmatrix} \text{---} & + & \text{---} & + & \text{---} \\ & + & & + & \\ \text{---} & & & & \text{---} \\ \text{---} & + & \text{---} & + & \text{---} \\ \text{---} & & & & \text{---} \end{pmatrix}$$

Random neutrino injection

Approximation scheme for neutrino oscillations

- Simplified argument: 2-neutrino mixing, no mean-field

$$\frac{d\varrho}{dt} = -i \left[U \frac{\mathbb{M}^2}{2p} U^\dagger, \varrho \right] + \mathcal{I} \iff \frac{d\varrho_m}{dt} = -i \left[\frac{\mathbb{M}^2}{2p}, \varrho_m \right] + U^\dagger \mathcal{I} U$$
$$\varrho_m \equiv U^\dagger \varrho U$$
$$\varrho_m = \begin{pmatrix} f_1 & a e^{i \frac{\Delta m^2}{2p} t} \\ a e^{-i \frac{\Delta m^2}{2p} t} & f_2 \end{pmatrix}$$

Schematically,

$$\varrho_m = \begin{pmatrix} \text{---} & + & \text{---} & + & \text{---} \\ & & & & \\ \text{---} & + & \text{---} & + & \text{---} \\ & & & & \\ \text{---} & + & \text{---} & + & \text{---} \end{pmatrix}$$

Random neutrino injection

Approximation scheme for neutrino oscillations

- Simplified argument: 2-neutrino mixing, no mean-field

$$\frac{d\varrho}{dt} = -i \left[U \frac{\mathbb{M}^2}{2p} U^\dagger, \varrho \right] + \mathcal{I} \iff \frac{d\varrho_m}{dt} = -i \left[\frac{\mathbb{M}^2}{2p}, \varrho_m \right] + U^\dagger \mathcal{I} U$$

$\varrho_m \equiv U^\dagger \varrho U$

Generalization with the full Hamiltonian if it evolves “slowly” (= *adiabatically*).

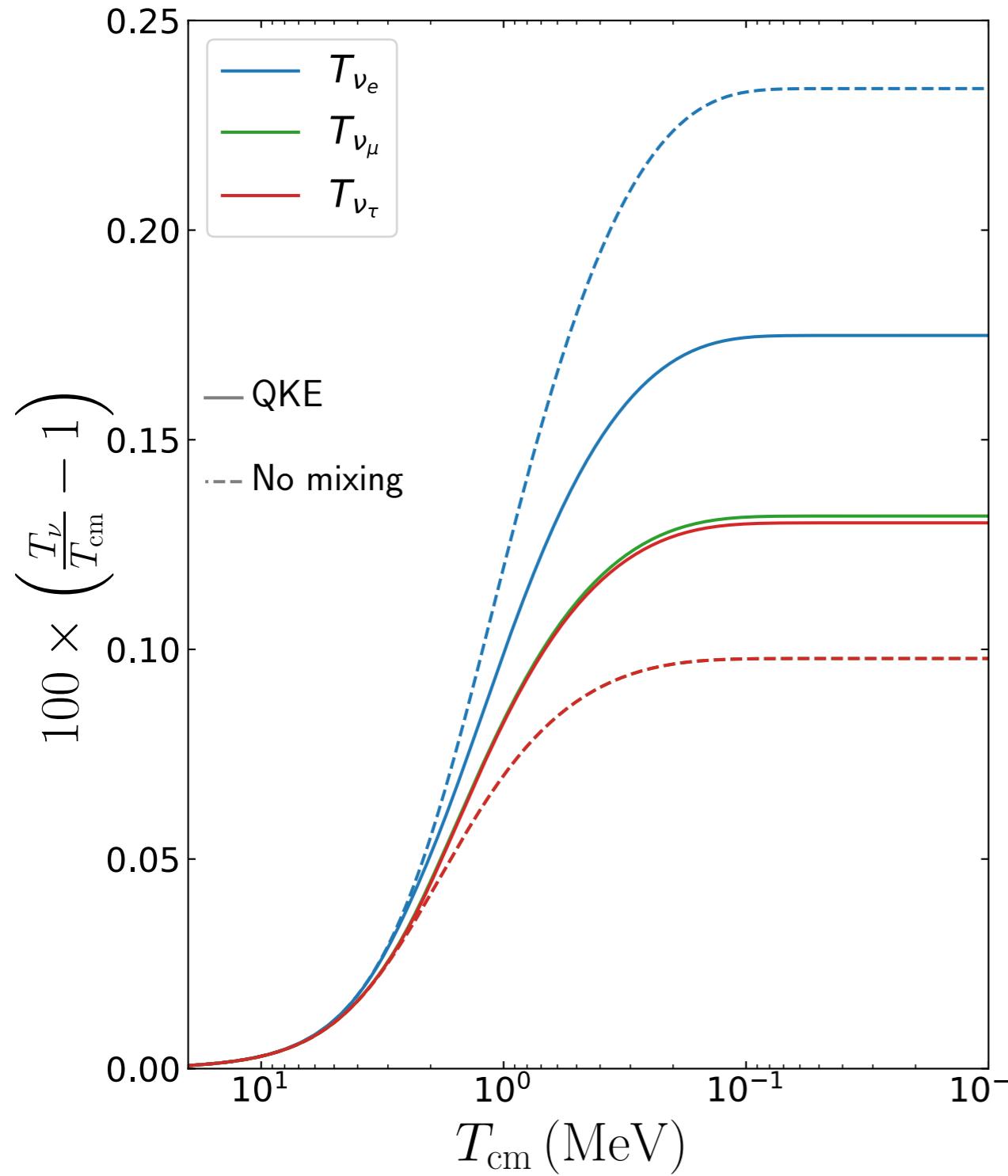
⇒ **Adiabatic Transfer of Averaged Oscillations**

Schematically,

$$\varrho_m = \begin{pmatrix} & & \\ & + & + \\ & + & + \\ \hline & & \\ & + & + \\ & + & + \end{pmatrix}$$

Random neutrino injection

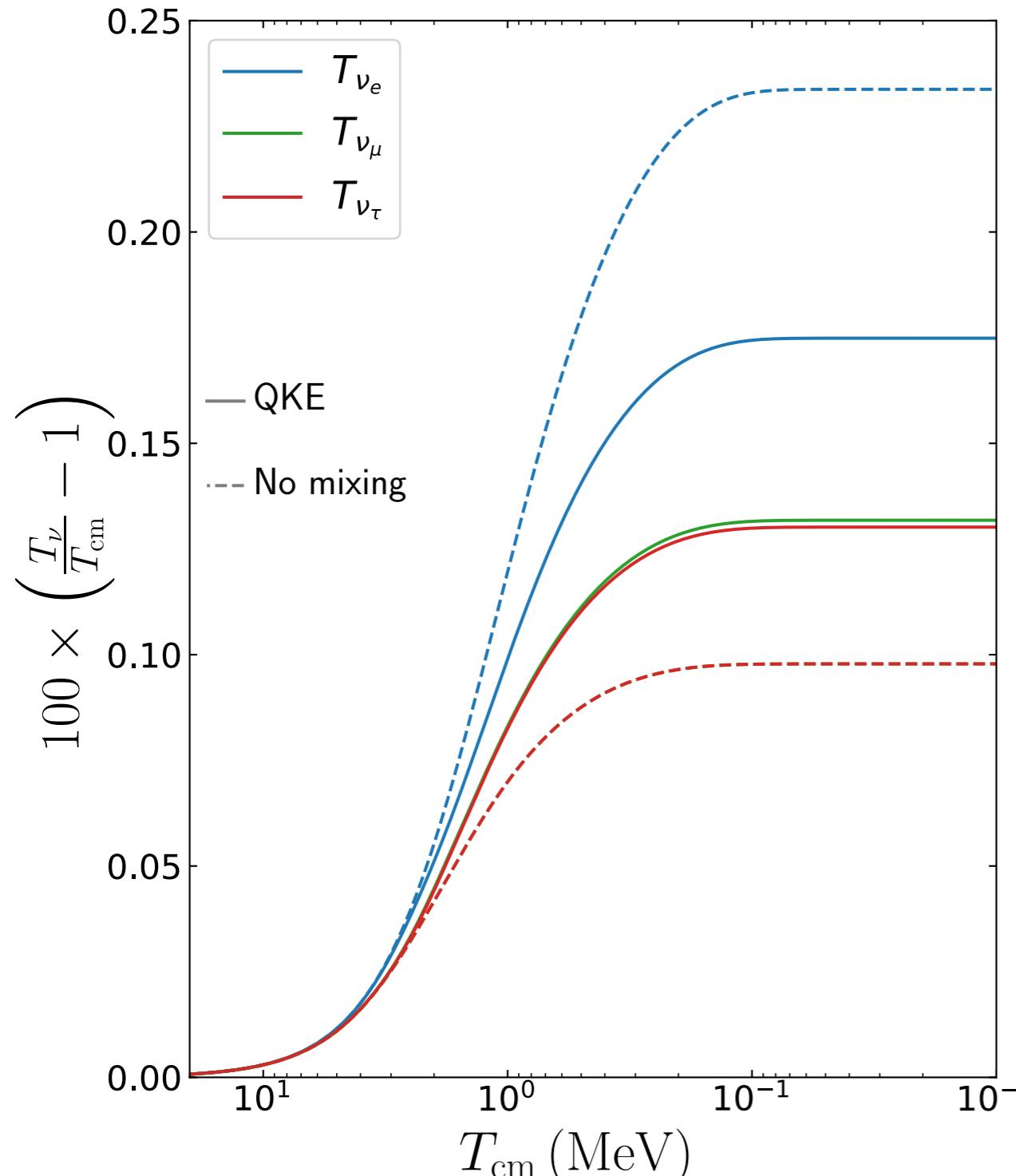
Neutrino decoupling with flavor oscillations



Full QKE and ATAO resolutions
indistinguishable!
(Difference $\Delta N_{\text{eff}} \simeq 10^{-6}$)

- Slight increase of N_{eff} ($3.0434 \rightarrow 3.0440$)
flavor conversion of $\nu_e \implies$ more phase space for e^\pm annihilations

Neutrino decoupling with flavor oscillations



Full QKE and ATAO resolutions
indistinguishable!
(Difference $\Delta N_{\text{eff}} \simeq 10^{-6}$)

- Slight increase of N_{eff} ($3.0434 \rightarrow 3.0440$)
flavor conversion of $\nu_e \implies$ more phase space for e^\pm annihilations
- Deviations from the value $N_{\text{eff}} = 3.0440$:
 - Primordial asymmetries
 - New physics: BSM interactions, sterile neutrinos, ...
 - Effect of anisotropies?

Adiabatic Transfer of Averaged Oscillations

$$i \left[\frac{\partial}{\partial t} - H p \frac{\partial}{\partial p} \right] \varrho(p, t) = \left[U \frac{\mathbb{M}^2}{2p} U^\dagger, \varrho \right] - 2\sqrt{2} G_F p \left[\frac{\mathbb{E}_{\text{lep}} + \mathbb{P}_{\text{lep}}}{m_W^2}, \varrho \right] + i \mathcal{I}[\varrho, \bar{\varrho}]$$

Adiabatic Transfer of Averaged Oscillations

$$i \left[\frac{\partial}{\partial t} - H p \frac{\partial}{\partial p} \right] \varrho(p, t) = \left[U \frac{\mathbb{M}^2}{2p} U^\dagger, \varrho \right] - 2\sqrt{2} G_F p \left[\frac{\mathbb{E}_{\text{lep}} + \mathbb{P}_{\text{lep}}}{m_W^2}, \varrho \right] + i \mathcal{I}[\varrho, \bar{\varrho}]$$

→ diagonal in the **matter basis**,
which evolves ***adiabatically***

Adiabatic Transfer of Averaged Oscillations

$$i \left[\frac{\partial}{\partial t} - H p \frac{\partial}{\partial p} \right] \varrho(p, t) = \left[U \frac{\mathbb{M}^2}{2p} U^\dagger, \varrho \right] - 2\sqrt{2} G_F p \left[\frac{\mathbb{E}_{\text{lep}} + \mathbb{P}_{\text{lep}}}{m_W^2}, \varrho \right] + i \mathcal{I}[\varrho, \bar{\varrho}]$$

→ diagonal in the **matter basis**,
which evolves **adiabatically**

- Non-diagonal components of the density matrix in matter basis are **averaged out**

$$\varrho_m = \begin{pmatrix} * & \sim & \sim \\ \sim & * & \sim \\ \sim & \sim & * \end{pmatrix} \rightarrow \tilde{\varrho}_m = \begin{pmatrix} * & 0 & 0 \\ 0 & * & 0 \\ 0 & 0 & * \end{pmatrix}$$

- Effective “ATAO” equation

$$\frac{\partial \tilde{\varrho}_m}{\partial x} = \widetilde{U_m^\dagger K U_m}$$

keep only the diagonal

comoving variable $x \propto a$

Quantum Kinetic Equations: collision term

$$i \left[\frac{\partial}{\partial t} - H p \frac{\partial}{\partial p} \right] \varrho(p, t) = \left[U \frac{\mathbb{M}^2}{2p} U^\dagger, \varrho \right] - 2\sqrt{2} G_F p \left[\frac{\mathbb{E}_e + \mathbb{P}_e}{m_W^2}, \varrho \right] + i \mathcal{C}[\varrho, \bar{\varrho}]$$

Vacuum

Mean-field

Collisions

$$\mathcal{C} = \mathcal{C}^{[\nu e^- \rightarrow \nu e^-]} + \mathcal{C}^{[\nu e^+ \rightarrow \nu e^+]} + \mathcal{C}^{[\nu \bar{\nu} \rightarrow e^- e^+]} + \mathcal{C}^{[\nu \nu]}$$

$$\begin{aligned} \mathcal{C}^{[\nu e^- \rightarrow \nu e^-]} &= \frac{1}{2} \frac{2^5 G_F^2}{2E_1} \int \frac{d^3 \vec{p}_2}{(2\pi)^3 2E_2} \frac{d^3 \vec{p}_3}{(2\pi)^3 2E_3} \frac{d^3 \vec{p}_4}{(2\pi)^3 2E_4} \\ &\times (2\pi)^4 \delta^{(4)}(p_1 + p_2 - p_3 - p_4) \\ &\times \left[4(p_1 \cdot p_2)(p_3 \cdot p_4) F_{sc}^{LL}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) \right. \\ &+ 4(p_1 \cdot p_4)(p_2 \cdot p_3) F_{sc}^{RR}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) \\ &\left. - 2(p_1 \cdot p_3)m_e^2 \left(F_{sc}^{LR}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) + F_{sc}^{RL}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) \right) \right] \end{aligned}$$

Computationally expensive

Quantum Kinetic Equations: collision term

$$i \left[\frac{\partial}{\partial t} - H p \frac{\partial}{\partial p} \right] \varrho(p, t) = \left[U \frac{\mathbb{M}^2}{2p} U^\dagger, \varrho \right] - 2\sqrt{2} G_F p \left[\frac{\mathbb{E}_e + \mathbb{P}_e}{m_W^2}, \varrho \right] + i \mathcal{C}[\varrho, \bar{\varrho}]$$

Vacuum

Mean-field

Collisions

$$\mathcal{C} = \mathcal{C}^{[\nu e^- \rightarrow \nu e^-]} + \mathcal{C}^{[\nu e^+ \rightarrow \nu e^+]} + \mathcal{C}^{[\nu \bar{\nu} \rightarrow e^- e^+]} + \mathcal{C}^{[\nu \nu]}$$

$$\begin{aligned} \mathcal{C}^{[\nu e^- \rightarrow \nu e^-]} &= \frac{1}{2} \frac{2^5 G_F^2}{2E_1} \int \frac{d^3 \vec{p}_2}{(2\pi)^3 2E_2} \frac{d^3 \vec{p}_3}{(2\pi)^3 2E_3} \frac{d^3 \vec{p}_4}{(2\pi)^3 2E_4} \\ &\times (2\pi)^4 \delta^{(4)}(p_1 + p_2 - p_3 - p_4) \\ &\times \left[4(p_1 \cdot p_2)(p_3 \cdot p_4) F_{sc}^{LL}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) \right. \\ &+ 4(p_1 \cdot p_4)(p_2 \cdot p_3) F_{sc}^{RR}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) \\ &\left. - 2(p_1 \cdot p_3)m_e^2 \left(F_{sc}^{LR}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) + F_{sc}^{RL}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) \right) \right] \end{aligned}$$

Computationally expensive

Statistical factor

$$F_{sc}^{AB}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) = f_4(1 - f_2) [G^A \varrho_3 G^B (1 - \varrho_1)] - (1 - f_4)f_2 [G^A (1 - \varrho_3) G^B \varrho_1] + \text{h.c.}$$

“gain”

“loss”

Quantum Kinetic Equations: collision term

$$i \left[\frac{\partial}{\partial t} - H p \frac{\partial}{\partial p} \right] \varrho(p, t) = \left[U \frac{\mathbb{M}^2}{2p} U^\dagger, \varrho \right] - 2\sqrt{2} G_F p \left[\frac{\mathbb{E}_e + \mathbb{P}_e}{m_W^2}, \varrho \right] + i \mathcal{C}[\varrho, \bar{\varrho}]$$

Vacuum

Mean-field

Collisions

$$\mathcal{C} = \mathcal{C}^{[\nu e^- \rightarrow \nu e^-]} + \mathcal{C}^{[\nu e^+ \rightarrow \nu e^+]} + \mathcal{C}^{[\nu \bar{\nu} \rightarrow e^- e^+]} + \mathcal{C}^{[\nu \nu]}$$

$$\begin{aligned} \mathcal{C}^{[\nu e^- \rightarrow \nu e^-]} &= \frac{1}{2} \frac{2^5 G_F^2}{2E_1} \int \frac{d^3 \vec{p}_2}{(2\pi)^3 2E_2} \frac{d^3 \vec{p}_3}{(2\pi)^3 2E_3} \frac{d^3 \vec{p}_4}{(2\pi)^3 2E_4} \\ &\times (2\pi)^4 \delta^{(4)}(p_1 + p_2 - p_3 - p_4) \\ &\times \left[4(p_1 \cdot p_2)(p_3 \cdot p_4) F_{sc}^{LL}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) \right. \\ &+ 4(p_1 \cdot p_4)(p_2 \cdot p_3) F_{sc}^{RR}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) \\ &\left. - 2(p_1 \cdot p_3)m_e^2 \left(F_{sc}^{LR}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) + F_{sc}^{RL}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) \right) \right] \end{aligned}$$

Computationally expensive

Statistical factor

Pauli-blocking

$$F_{sc}^{AB}(\nu^{(1)} + e^{(2)} \rightarrow \nu^{(3)} + e^{(4)}) = f_4(1 - f_2) [G^A \varrho_3 G^B (1 - \varrho_1)] - (1 - f_4)f_2 [G^A (1 - \varrho_3) G^B \varrho_1] + \text{h.c.}$$

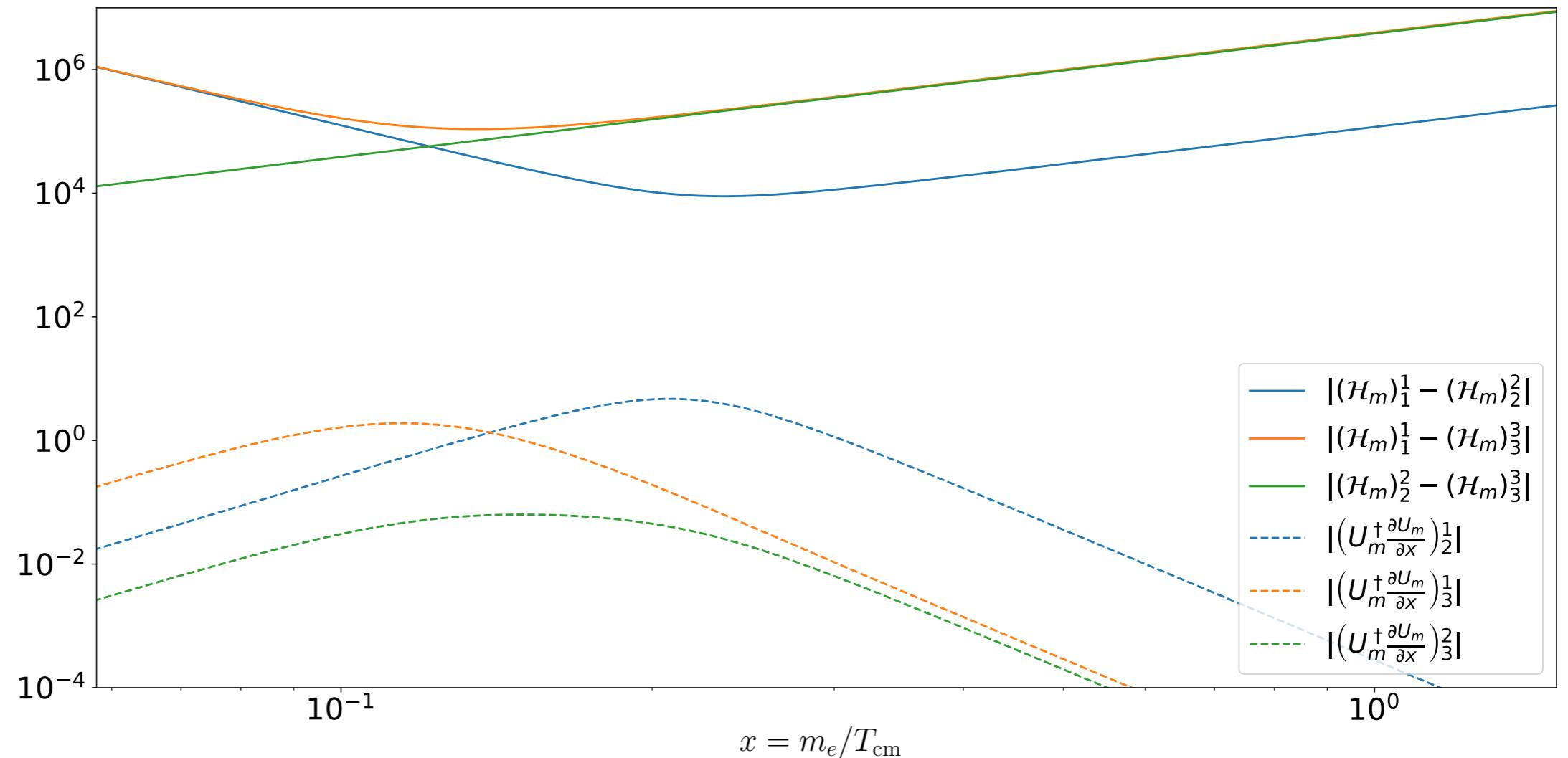
“gain”

“loss”

Checking the adiabatic approximation

$$\frac{\partial \varrho_m}{\partial x} = -i[\mathcal{H}_m, \varrho_m] - [U_m^\dagger \frac{\partial U_m}{\partial x}, \varrho_m] + \mathcal{K}_m$$

**Effective
oscillation
frequencies**



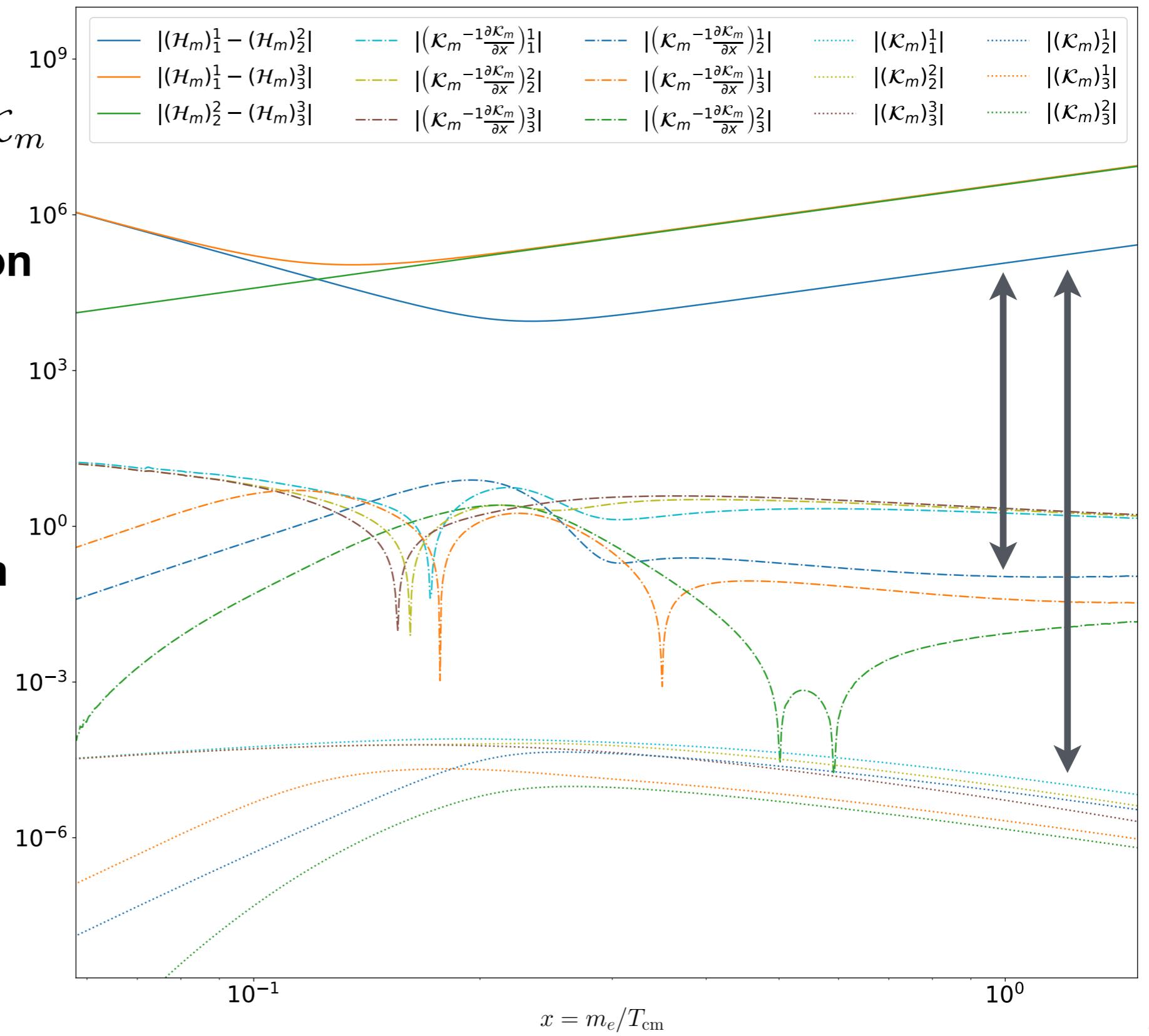
Checking that oscillations are averaged

$$\frac{\partial \varrho_m}{\partial x} = -i[\mathcal{H}_m, \varrho_m] + \mathcal{K}_m$$

Effective oscillation frequencies

Relative variation of collision term

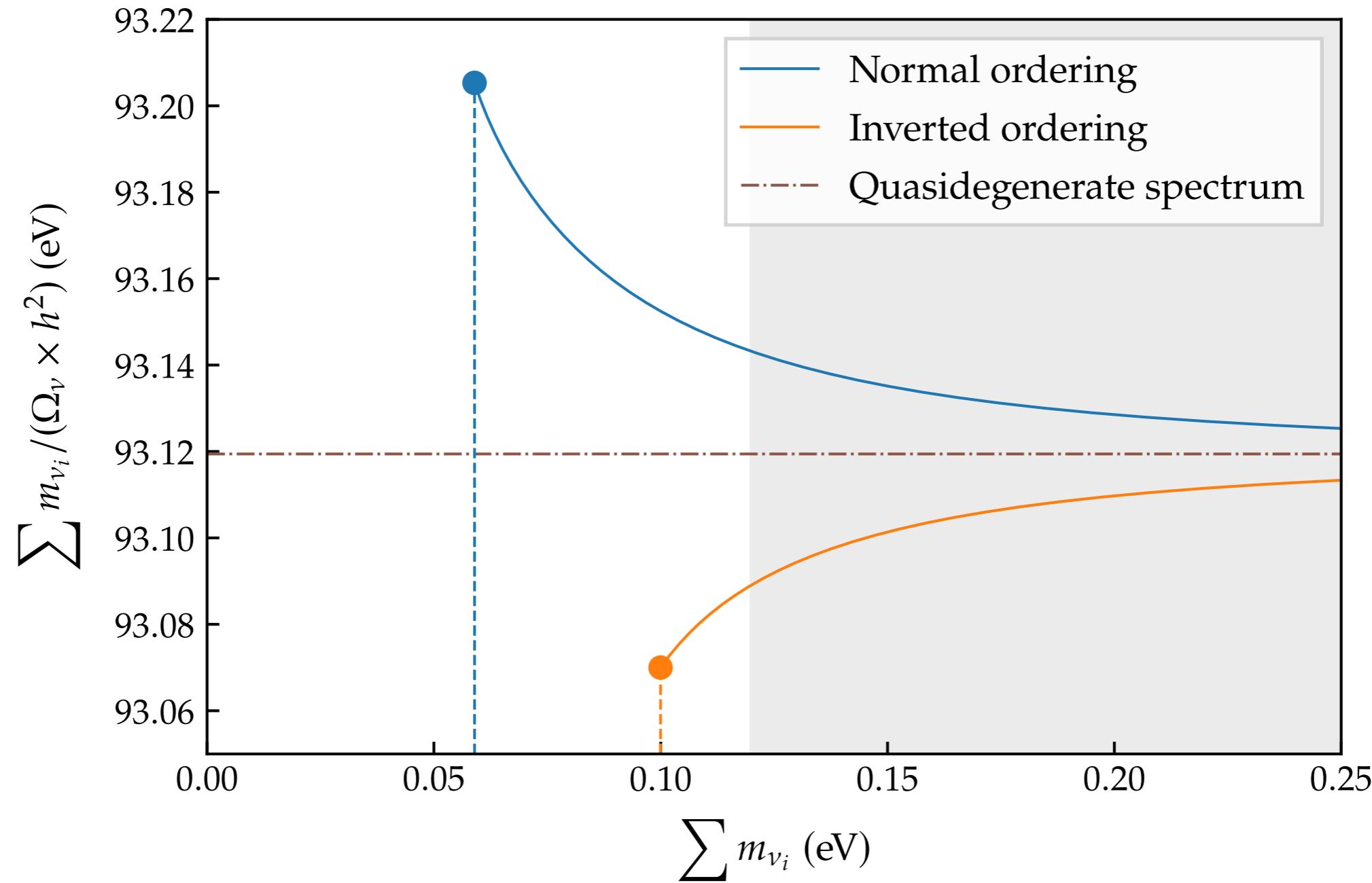
Collision rate



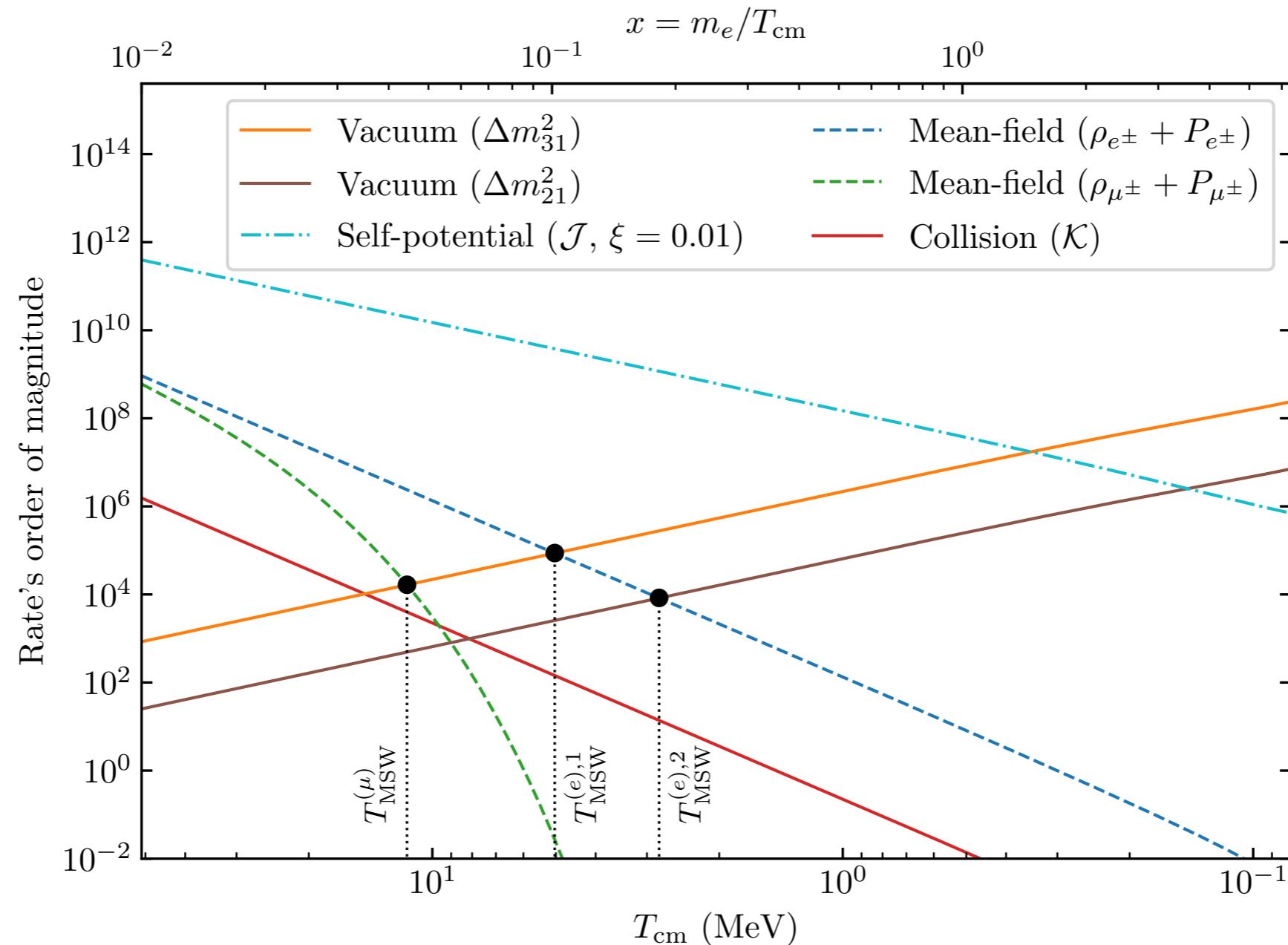
Using the results from neutrino decoupling

- Neutrino energy density today

$$\Omega_\nu \equiv \frac{\rho_\nu + \rho_{\bar{\nu}}}{\rho_{\text{crit}}} = \frac{2 \sum m_{\nu_i} n_{\nu_i}}{\rho_{\text{crit}}}$$



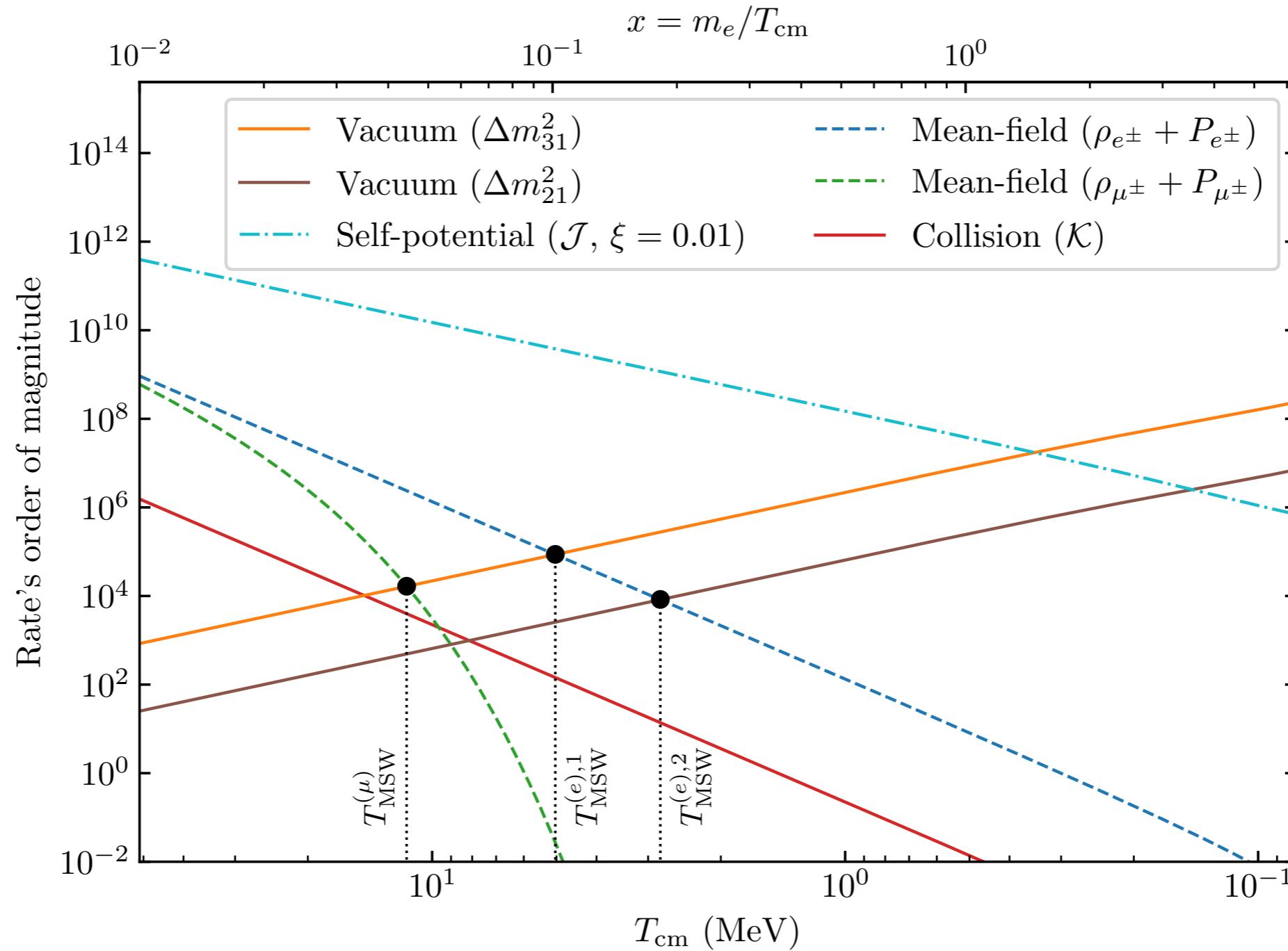
Comparison of Hamiltonian contributions



$$\mathcal{H}_0 \propto x^2 \times U \begin{pmatrix} 0 & 0 & 0 \\ 0 & \Delta m_{21}^2 & 0 \\ 0 & 0 & \Delta m_{31}^2 \end{pmatrix} U^\dagger$$

$$\mathcal{H}_{\text{lep}} \propto x^{-4} \times \begin{pmatrix} \rho_{e^\pm} + P_{e^\pm} & 0 & 0 \\ 0 & \rho_{\mu^\pm} + P_{\mu^\pm} & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

Comparison of Hamiltonian contributions



MSW transition when \mathcal{H}_{lep} domination becomes \mathcal{H}_0 domination

“Moment” Quantum Kinetic Equations

- Angular moments of the density matrix:

$$\begin{bmatrix} N \\ F^i \\ P^{ij} \end{bmatrix} = p^2 \int d\Omega \begin{bmatrix} 1 \\ p^i/p \\ p^i p^j / p^2 \end{bmatrix} \varrho(t, \vec{x}, \vec{p})$$

- Focus on “fast-flavor instabilities”, governed by the Hamiltonian:

$$\mathcal{H}_{\text{self}} = \frac{\sqrt{2}G_F}{(2\pi)^3} \int d^3\vec{q} (1 - \cos\theta) [\varrho(t, \vec{x}, \vec{q}) - \bar{\varrho}(t, \vec{x}, \vec{q})]$$

- QKEs for moments:

$$i \left(\frac{\partial N}{\partial t} + \frac{\partial F^j}{\partial x^j} \right) = \sqrt{2}G_F [N - \bar{N}, N] - \sqrt{2}G_F [(F - \bar{F})_j, F^j]$$

$$i \left(\frac{\partial F^i}{\partial t} + \frac{\partial P^{ij}}{\partial x^j} \right) = \sqrt{2}G_F [N - \bar{N}, F^i] - \sqrt{2}G_F [(F - \bar{F})_j, P^{ij}]$$

“Moment” Quantum Kinetic Equations

- Angular moments of the density matrix:

$$\begin{bmatrix} N \\ F^i \\ P^{ij} \end{bmatrix} = p^2 \int d\Omega \begin{bmatrix} 1 \\ p^i/p \\ p^i p^j / p^2 \end{bmatrix} \varrho(t, \vec{x}, \vec{p})$$

- Focus on “fast-flavor instabilities”, governed by the Hamiltonian:

$$\mathcal{H}_{\text{self}} = \frac{\sqrt{2}G_F}{(2\pi)^3} \int d^3\vec{q} (1 - \cos\theta) [\varrho(t, \vec{x}, \vec{q}) - \bar{\varrho}(t, \vec{x}, \vec{q})]$$

- QKEs for moments:

$$i \left(\frac{\partial N}{\partial t} + \frac{\partial F^j}{\partial x^j} \right) = \sqrt{2}G_F [N - \bar{N}, N] - \sqrt{2}G_F [(F - \bar{F})_j, F^j]$$

$$i \left(\frac{\partial F^i}{\partial t} + \frac{\partial P^{ij}}{\partial x^j} \right) = \sqrt{2}G_F [N - \bar{N}, F^i] - \sqrt{2}G_F [(F - \bar{F})_j, P^{ij}]$$

“Moment” Quantum Kinetic Equations

- Angular moments of the density matrix:

$$\begin{bmatrix} N \\ F^i \\ P^{ij} \end{bmatrix} = p^2 \int d\Omega \begin{bmatrix} 1 \\ p^i/p \\ p^i p^j / p^2 \end{bmatrix} \varrho(t, \vec{x}, \vec{p})$$

- Focus on “fast-flavor instabilities”, governed by the Hamiltonian:

$$\mathcal{H}_{\text{self}} = \frac{\sqrt{2}G_F}{(2\pi)^3} \int d^3\vec{q} (1 - \cos\theta) [\varrho(t, \vec{x}, \vec{q}) - \bar{\varrho}(t, \vec{x}, \vec{q})]$$

- QKEs for moments:

Closure $P_{\alpha\beta}^{ij} (N_{\alpha\beta}, F_{\alpha\beta}^k)$

$$i \left(\frac{\partial N}{\partial t} + \frac{\partial F^j}{\partial x^j} \right) = \sqrt{2}G_F [N - \bar{N}, N] - \sqrt{2}G_F [(F - \bar{F})_j, F^j]$$

$$i \left(\frac{\partial F^i}{\partial t} + \frac{\partial P^{ij}}{\partial x^j} \right) = \sqrt{2}G_F [N - \bar{N}, F^i] - \sqrt{2}G_F [(F - \bar{F})_j, P^{ij}]$$