Searching for light dark matter, from the early universe to direct detection

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# Benchmark models

Annihilation

Scattering



A': Dark photon mediator

Relic abundance predicts scattering in these scenarios (Warning: many others not considered here)

# Benchmark models



# Benchmark models



DM produced from SM plasma but not in equilibrium

# Freeze-out

Can be tested with small (< kg) semiconductor experiments and accelerator experiments like LDMX



Warning: there exists viable param space away from benchmarks

Electron excitations (theory): Essig, Fernandez-Serra, Mardon, Soto, Volansky Yu 2016; Griffin, Inzani, Trickle, Zhang, Zurek 2020; Griffin, Hochberg, Inzani, Kurinsky, TL, Yu 2020; Knapen, Kozaczuk, TL in prep

### Direct detection of sub-GeV DM

Low mass dark matter doesn't deposit much energy on heavy (free) nuclei



# Electron recoil experiments



Recent surface runs from SuperCDMS and SENSEI have demonstrated single e- (~1 eV threshold) sensitivity

### Freeze-out

#### MeV-scale DM in thermal equilibrium constrained by CMB, BBN



See also: Knapen, TL, Zurek 2017 and Green, Rajendran 2017

Sabti et al. 2019

### Dark sectors below ~MeV

BBN and CMB bounds strongly constrain sub-MeV dark sectors in equilibrium with the standard model.

What kinds of sub-MeV thermal relic DM are possible?

Secluded sectors can evade this:



but loss in predictivity, observability

Freeze-in is also not subject to the same bounds. Mass should be  $\gtrsim 10$  keV due to stellar emission bounds

# Freeze-in

Tiny couplings  $\kappa g_{\chi} \sim 10^{-11}$  for freeze-in — N<sub>eff</sub> bounds don't apply



Predictive and detectable benchmark for direct detection in the light mediator limit  $m_{A'} \ll m_{\rm DM}$ 

# Cosmology of freeze-in



Plasmon decay to DM most important for lower DM masses since  $\omega_p \approx 0.1 k_B T$ Impacts predicted direct detection cross sections

# Dark matter phase space

Dark matter is produced hot, with non thermal phase space

 $m_{\chi} = 40 \text{ keV}$  $e^+e^-$  Annihilation  $\gamma^*$  Decay Total Thermal  $P_{\chi}^2 \, f_{\chi} \, (P_{\chi})$ Strong DM self-interactions could thermalize the phase space at later times  $\dot{2}$ 3 4 1 50  $P_{\chi} [\text{MeV}]$ 

### Suppression of small-scale structure

Comparison with best WDM limits (> 6.5 keV, Nadler+ 2020)



### Bounds from structure formation



# DM-baryon scattering

 $1/v^4$  scattering cross section implies possible momentum-transfer between DM and baryon fluids during recombination

Drag in DM, baryon velocity perturbations:

Effect is sensitive to DM phase space and thermal history

# DM-baryon scattering

Suppression in power at small scales, shift in peaks due to drag



Effect differs from CDM limit for DM-baryon scattering, and depends on size of DM self-scattering.

### Cosmological probes of freeze-in



# Freeze-in as millicharged DM

In the limit  $m_{A'}$  is very small, this DM candidate behaves as millicharged (nano-charged) particle.



DM could be swept up (and maybe accelerated) in supernova remnants.

Jung-Tsung Li, TL 2020 See also: Lasenby 2020

## Freeze-in as millicharged DM

In the limit  $m_{A'}$  is very small, this DM candidate behaves as millicharged (nano-charged) particle.



How does this affect viability of candidate and direct detection?

We find most of the DM will return to having roughly the original/ ambient DM velocity.

Still many open questions as to the astrophysics of millicharged DM





### Direct detection of freeze-in



Phonon excitations (theory): Pyle, Knapen, TL, Zurek 2018; Griffin, Knapen, TL, Zurek 2018; Griffin, Inzani, Trickle, Zhang, Zurek 2020; Griffin, Hochberg, Inzani, Kurinsky, TL, Yu 2020; ...

# Phonon excitations



Phonon excitations (theory): Pyle, Knapen, TL, Zurek 2018; Griffin, Knapen, TL, Zurek 2018; Griffin, Inzani, Trickle, Zhang, Zurek 2020; Griffin, Hochberg, Inzani, Kurinsky, TL, Yu 2020; ...

#### **Directional detection**

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Direction-dependent phonon modes in sapphire (Al<sub>2</sub>O<sub>3</sub>) lead to daily modulation as the Earth rotates

In phase with sidereal day, not solar day — could be distinguished from terrestrial backgrounds.



Griffin, Knapen, TL, Zurek 2018; Griffin, Hochberg, Inzani, Kurinsky, TL, Yu 2020



Thermal relic dark sectors are a motivated class of dark matter models, with mass as low as  $\sim 10$  keV.

Freeze-in is one of the leading benchmarks below ~ MeV in mass. Complementary approaches from cosmology, astrophysics, and direct detection.



